

22. August 2010

Ergebnis

Regionalliga Nord Damen (0,75 / 27 / 5,4)

Regionalliga Nord Damen

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schiw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Endzeit | Pos |
|-----|------|----------|-----------|-------------|------|--|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 15 | 01:24:49 | Ortlieb | Levke | 1991 | TuS Holtenau Kiel | | 00:13:22 | 8 | 00:47:03 | 5 | 01:00:26 | 4 | 00:24:23 | 5 | 01:24:49 | 1 |
| 2 | 25 | 01:24:58 | Huckfeldt | Marit | 1984 | Tri-Sport Lübeck | | 00:13:15 | 7 | 00:47:02 | 4 | 01:00:18 | 1 | 00:24:40 | 7 | 01:24:58 | 2 |
| 3 | 37 | 01:25:08 | Cotterell | Maike | 1973 | Expeditionsteam (SG Lebensfitness e.V./FC St. Pauli Triathlon) | | 00:13:56 | 16 | 00:46:43 | 1 | 01:00:40 | 6 | 00:24:28 | 6 | 01:25:08 | 3 |
| 4 | 6 | 01:25:34 | Kleidon | Peggy | 1975 | Kaifu-Tri-Team | | 00:12:29 | 4 | 00:47:53 | 9 | 01:00:22 | 3 | 00:25:11 | 10 | 01:25:34 | 4 |
| 5 | 4 | 01:25:43 | Raddatz | Alexandra | 1981 | Hannover 96 | | 00:15:45 | 31 | 00:46:56 | 3 | 01:02:42 | 15 | 00:23:00 | 1 | 01:25:43 | 5 |
| 6 | 21 | 01:25:44 | Köck | Kaatje Lisa | 1991 | TriDW Team Lubinus | | 00:13:41 | 10 | 00:46:47 | 2 | 01:00:29 | 5 | 00:25:15 | 12 | 01:25:44 | 6 |
| 7 | 3 | 01:25:47 | Küsel | Vera | 1975 | Hannover 96 | | | 0 | | 0 | 01:00:20 | 2 | 00:25:26 | 13 | 01:25:47 | 7 |
| 8 | 45 | 01:26:43 | Hahn | Tanja | 1967 | Triathlon Team Buxtehude | | 00:11:45 | 2 | 00:48:56 | 19 | 01:00:42 | 7 | 00:26:01 | 19 | 01:26:43 | 8 |
| 9 | 5 | 01:26:51 | Fuchs | Franka | 1982 | Kaifu-Tri-Team | | 00:13:54 | 15 | 00:49:33 | 21 | 01:03:27 | 20 | 00:23:24 | 2 | 01:26:51 | 9 |
| 10 | 18 | 01:27:22 | Tegtmeier | Scarlett | 1991 | SG TSV Bokeloh-TSV Neustadt | | 00:12:14 | 3 | 00:50:08 | 23 | 01:02:23 | 8 | 00:24:59 | 8 | 01:27:22 | 10 |
| 11 | 22 | 01:27:43 | Timme | Sinika | 1992 | TriDW Team Lubinus | | 00:15:10 | 24 | 00:48:25 | 12 | 01:03:35 | 23 | 00:24:07 | 4 | 01:27:43 | 11 |
| 12 | 28 | 01:28:05 | Roths | Jana | 1984 | Tri-Sport Lübeck | | 00:14:26 | 19 | 00:48:37 | 14 | 01:03:04 | 17 | 00:25:01 | 9 | 01:28:05 | 12 |
| 13 | 11 | 01:28:08 | Meyer | Juliane | 1980 | Triabolos Multipower Active Team | | | 0 | | 0 | 01:02:39 | 13 | 00:25:29 | 14 | 01:28:08 | 13 |
| 14 | 39 | 01:28:11 | Rieck | Julia | 1976 | Expeditionsteam (SG Lebensfitness e.V./FC St. Pauli Triathlon) | | 00:14:30 | 21 | 00:48:10 | 11 | 01:02:40 | 14 | 00:25:30 | 15 | 01:28:11 | 14 |

1. Triathlon Club Oldenburg "Die Bären" Scheideweg 131 b 26127 Oldenburg
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Regionalliga Nord Damen

(0,75 / 27 / 5,4)

Regionalliga Nord Damen

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Endzeit | Pos |
|-----|------|----------|---------------|-----------|------|--|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 15 | 46 | 01:28:19 | Zielke | Uta | 1971 | Triathlon Team Buxtehude | | 00:14:54 | 23 | 00:47:41 | 7 | 01:02:35 | 12 | 00:25:44 | 17 | 01:28:19 | 15 |
| 16 | 1 | 01:28:52 | Jakubowski | Kristin | 1987 | Hannover 96 | | 00:15:34 | 28 | 00:47:44 | 8 | 01:03:19 | 18 | 00:25:33 | 16 | 01:28:52 | 16 |
| 17 | 30 | 01:28:54 | Goldberg | Monika | 1973 | TSH Team Bergamont/Tri Team HH Hochschulen | | 00:16:08 | 34 | | 0 | | 0 | | 0 | 01:28:54 | 17 |
| 18 | 34 | 01:28:54 | Steffenhagen | Diana | 1985 | Wasserratten I (Norderstedt) | | 00:13:45 | 11 | 00:48:39 | 15 | 01:02:24 | 9 | 00:26:29 | 21 | 01:28:54 | 18 |
| 19 | 35 | 01:29:25 | Wiesmann | Britta | 1964 | Wasserratten I (Norderstedt) | | 00:13:50 | 14 | 00:48:41 | 16 | 01:02:31 | 10 | 00:26:53 | 25 | 01:29:25 | 19 |
| 20 | 31 | 01:29:47 | Rau | Verena | 1987 | TSH Team Bergamont/Tri Team HH Hochschulen | | 00:14:51 | 22 | 00:48:43 | 17 | 01:03:35 | 22 | 00:26:11 | 20 | 01:29:47 | 20 |
| 21 | 8 | 01:29:47 | Reuschlein | Katja | 1978 | Kaifu-Tri-Team | | 00:16:05 | 33 | 00:48:27 | 13 | 01:04:32 | 27 | 00:25:14 | 11 | 01:29:47 | 21 |
| 22 | 10 | 01:30:14 | Fahnmann | Stephanie | 1974 | Triabolas Multipower Active Team | | 00:13:38 | 9 | 00:48:55 | 18 | 01:02:34 | 11 | 00:27:40 | 28 | 01:30:14 | 22 |
| 23 | 12 | 01:31:12 | Füllbrandt | Annalena | 1982 | Triabolas Multipower Active Team | | | 0 | | 0 | 01:03:29 | 21 | 00:27:43 | 29 | 01:31:12 | 23 |
| 24 | 17 | 01:31:22 | Rodewald | Vanessa | 1991 | SG TSV Bokeloh-TSV Neustadt | | 00:11:42 | 1 | 00:52:56 | 37 | 01:04:39 | 28 | 00:26:43 | 24 | 01:31:22 | 24 |
| 25 | 20 | 01:31:25 | Kaindl | Kathrin | 1962 | SG TSV Bokeloh-TSV Neustadt | | 00:15:36 | 29 | 00:49:12 | 20 | 01:04:49 | 29 | 00:26:36 | 23 | 01:31:25 | 25 |
| 26 | 23 | 01:31:32 | Wrobel | Bente | 1992 | TriDW Team Lubinus | | 00:13:47 | 13 | 00:50:21 | 24 | 01:04:08 | 26 | 00:27:23 | 27 | 01:31:32 | 26 |
| 27 | 14 | 01:31:56 | Schütz | Stephanie | 1979 | TuS Holtenau Kiel | | 00:15:21 | 26 | 00:47:30 | 6 | 01:02:52 | 16 | 00:29:03 | 33 | 01:31:56 | 27 |
| 28 | 38 | 01:32:01 | Jodat | Regina | 1970 | Expeditionsteam (SG Lebensfitness e.V./FC St. Pauli Triathlon) | | 00:14:29 | 20 | 00:51:00 | 30 | 01:05:29 | 33 | 00:26:31 | 22 | 01:32:01 | 28 |
| 29 | 16 | 01:32:31 | Schmidt | Anne | 1993 | TuS Holtenau Kiel | | 00:13:46 | 12 | 00:49:35 | 22 | 01:03:22 | 19 | 00:29:09 | 34 | 01:32:31 | 29 |
| 30 | 26 | 01:32:34 | Dominginghaus | Franziska | 1990 | Tri-Sport Lübeck | | 00:15:48 | 32 | 00:52:50 | 36 | 01:08:39 | 40 | 00:23:55 | 3 | 01:32:34 | 30 |
| 31 | 42 | 01:33:39 | Ommen | Ilse | 1969 | TriAs Flensburg | | 00:17:19 | 38 | 00:47:57 | 10 | 01:05:16 | 32 | 00:28:22 | 31 | 01:33:39 | 31 |
| 32 | 24 | 01:33:40 | Zenthöfer | Marion | 1980 | TriDW Team Lubinus | | 00:15:28 | 27 | 00:50:55 | 29 | 01:06:24 | 35 | 00:27:15 | 26 | 01:33:40 | 32 |
| 33 | 47 | 01:33:41 | Radtke | Antje | 1969 | Triathlon Team Buxtehude | | 00:13:04 | 6 | 00:52:04 | 33 | 01:05:08 | 31 | 00:28:33 | 32 | 01:33:41 | 33 |
| 34 | 43 | 01:33:55 | Kluge-Credo | Susanne | 1962 | TriAs Flensburg | | 00:15:41 | 30 | 00:52:12 | 34 | 01:07:54 | 39 | 00:26:01 | 18 | 01:33:55 | 34 |

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(0,75 / 27 / 5,4)

Regionalliga Nord Damen

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Endzeit | Pos |
|-----|------|----------|-------------|------------|------|--|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 35 | 40 | 01:34:15 | Schneider | Miriam | 1978 | Expeditionsteam (SG Lebensfitness e.V./FC St. Pauli Triathlon) | | | 0 | | 0 | 01:03:50 | 25 | 00:30:24 | 39 | 01:34:15 | 35 |
| 36 | 19 | 01:34:24 | Grages | Katharina | 1990 | SG TSV Bokeloh-TSV Neustadt | | 00:13:01 | 5 | 00:50:39 | 27 | 01:03:40 | 24 | 00:30:44 | 41 | 01:34:24 | 36 |
| 37 | 36 | 01:35:34 | Scheidel | Monika | 1970 | Wasserratten I (Norderstedt) | | 00:15:20 | 25 | 00:51:01 | 31 | 01:06:21 | 34 | 00:29:12 | 35 | 01:35:34 | 37 |
| 38 | 48 | 01:35:49 | Felgentreu | Marion | 1966 | Triathlon Team Buxtehude | | 00:14:04 | 17 | 00:52:30 | 35 | 01:06:35 | 36 | 00:29:14 | 36 | 01:35:49 | 38 |
| 39 | 27 | 01:36:42 | Dahlmann | Julia | 1982 | Tri-Sport Lübeck | | 00:14:21 | 18 | 00:50:28 | 25 | 01:04:50 | 30 | 00:31:52 | 42 | 01:36:42 | 39 |
| 40 | 7 | 01:37:27 | Neumann | Maike | 1973 | Kaifu-Tri-Team | | 00:17:05 | 37 | 00:50:33 | 26 | 01:07:38 | 37 | 00:29:48 | 37 | 01:37:27 | 40 |
| 41 | 41 | 01:37:43 | Petersen | Katharina | 1981 | TriAs Flensburg | | 00:16:56 | 36 | 00:50:45 | 28 | 01:07:41 | 38 | 00:30:01 | 38 | 01:37:43 | 41 |
| 42 | 50 | 01:42:30 | Hirschner | Diana | 1979 | Wasserratten II (Norderstedt) | | 00:16:18 | 35 | 00:55:41 | 38 | 01:11:59 | 42 | 00:30:30 | 40 | 01:42:30 | 42 |
| 43 | 32 | 01:47:33 | Schetzschen | Christiane | 1973 | TSH Team Bergamont/Tri Team HH Hochschulen | | 00:19:49 | 40 | 00:51:55 | 32 | 01:11:45 | 41 | 00:35:48 | 43 | 01:47:33 | 43 |
| 44 | 13 | 01:49:54 | Diezmann | Verena | 1977 | TuS Holtenau Kiel | | 00:19:57 | 41 | 01:01:58 | 40 | 01:21:56 | 44 | 00:27:58 | 30 | 01:49:54 | 44 |
| 45 | 29 | 01:51:29 | Tandler | Sabine | 1966 | TSH Team Bergamont/Tri Team HH Hochschulen | | 00:17:59 | 39 | 00:56:28 | 39 | 01:14:28 | 43 | 00:37:01 | 44 | 01:51:29 | 45 |

Einträge in der Liste: 45

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Regionalliga Nord Herren

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Endzeit | Pos |
|-----|------|----------|----------------|-----------|------|----------------------------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 66 | 02:01:38 | Kampkötter | Lukas | 1989 | Hannover 96 II | | 00:22:32 | 8 | 01:00:58 | 10 | 01:23:30 | 3 | 00:38:07 | 2 | 02:01:38 | 1 |
| 2 | 82 | 02:02:28 | Winkler | Benjamin | 1984 | USC Kiel | | 00:21:21 | 3 | 00:58:17 | 1 | 01:19:38 | 1 | 00:42:50 | 24 | 02:02:28 | 2 |
| 3 | 61 | 02:02:54 | Herber | Philipp | 1989 | Kaifu-Tri-Team | | 00:23:46 | 21 | 00:59:47 | 2 | 01:23:33 | 5 | 00:39:20 | 4 | 02:02:54 | 3 |
| 4 | 62 | 02:03:13 | Deneke | Tilman | 1978 | Kaifu-Tri-Team | | 00:24:47 | 34 | 01:00:58 | 9 | 01:25:46 | 10 | 00:37:27 | 1 | 02:03:13 | 4 |
| 5 | 60 | 02:03:54 | Schmitz | Ralph | 1967 | Kaifu-Tri-Team | | 00:22:42 | 11 | 01:00:07 | 3 | 01:22:49 | 2 | 00:41:04 | 8 | 02:03:54 | 5 |
| 6 | 85 | 02:04:53 | Helbo | Andreas | 1989 | Team Gelting Radshop Brunner | | 00:21:10 | 2 | 01:02:58 | 18 | 01:24:08 | 7 | 00:40:44 | 7 | 02:04:53 | 6 |
| 7 | 54 | 02:04:57 | Fiedler | Thilo | 1983 | Tri Michels Hamburg I | | 00:22:42 | 12 | 01:00:48 | 7 | 01:23:31 | 4 | 00:41:25 | 10 | 02:04:57 | 7 |
| 8 | 98 | 02:05:13 | Thyen | Oltmann | 1988 | Ratzeburger SV-Triathlon | | 00:23:18 | 18 | 01:00:23 | 4 | 01:23:41 | 6 | 00:41:31 | 11 | 02:05:13 | 8 |
| 9 | 55 | 02:05:29 | Uhlrich | Christian | 1972 | Tri Michels Hamburg I | | 00:23:06 | 16 | 01:03:26 | 30 | 01:26:33 | 24 | 00:38:56 | 3 | 02:05:29 | 9 |
| 10 | 71 | 02:07:07 | Schröder | Björn | 1981 | Triabolos Multipower Active Team | | 00:24:02 | 25 | 01:02:20 | 15 | 01:26:23 | 19 | 00:40:44 | 6 | 02:07:07 | 10 |
| 11 | 53 | 02:07:36 | Tychsen | Frederik | 1975 | Tri Michels Hamburg I | | 00:22:40 | 10 | 01:03:07 | 21 | 01:25:48 | 11 | 00:41:48 | 13 | 02:07:36 | 11 |
| 12 | 91 | 02:08:37 | van Stevendaal | Udo | 1968 | TSH Team Bergamont | | 00:25:33 | 47 | 01:00:49 | 8 | 01:26:22 | 18 | 00:42:15 | 20 | 02:08:37 | 12 |
| 13 | 108 | 02:08:39 | Heinßen | Erk | 1962 | Triathlon Team Buxtehude | | 00:22:26 | 6 | 01:04:09 | 39 | 01:26:36 | 28 | 00:42:02 | 17 | 02:08:39 | 13 |
| 14 | 77 | 02:08:43 | Meyer | Timo | 1982 | Stader SV Team | | 00:24:45 | 33 | 01:01:36 | 11 | 01:26:22 | 17 | 00:42:21 | 21 | 02:08:43 | 14 |
| 15 | 73 | 02:08:43 | Zyber | Lucas | 1991 | Stader SV Team | | 00:22:45 | 15 | 01:03:34 | 31 | 01:26:20 | 16 | 00:42:23 | 22 | 02:08:43 | 15 |
| 16 | 72 | 02:09:23 | Skazidroga | Robert | 1986 | Triabolos Multipower Active Team | | 00:25:40 | 50 | 01:03:38 | 34 | 01:29:19 | 40 | 00:40:04 | 5 | 02:09:23 | 16 |

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(1,5 / 40 / 10,8)

Regionalliga Nord Herren

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Endzeit | Pos |
|-----|------|----------|------------|---------------|------|---|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 17 | 57 | 02:09:25 | Dicke | Benjamin | 1983 | Tri Michels Hamburg I | | 00:26:31 | 59 | 01:00:45 | 6 | 01:27:17 | 31 | 00:42:08 | 18 | 02:09:25 | 17 |
| 18 | 56 | 02:09:46 | Houtrouw | Enno | 1977 | Tri Michels Hamburg I | | 00:22:24 | 5 | 01:03:35 | 32 | 01:25:59 | 13 | 00:43:46 | 30 | 02:09:46 | 18 |
| 19 | 58 | 02:09:59 | Radke | Dirk | 1968 | Kaifu-Tri-Team | | 00:25:24 | 42 | 01:03:26 | 29 | 01:28:51 | 37 | 00:41:08 | 9 | 02:09:59 | 19 |
| 20 | 63 | 02:10:04 | Blume | Jörg | 1981 | Hannover 96 II | | 00:22:43 | 13 | 01:03:47 | 35 | 01:26:30 | 20 | 00:43:33 | 29 | 02:10:04 | 20 |
| 21 | 95 | 02:10:27 | Herling | Michael | 1973 | TriAs Flensburg | | 00:26:05 | 53 | 01:00:29 | 5 | 01:26:34 | 27 | 00:43:52 | 32 | 02:10:27 | 21 |
| 22 | 88 | 02:11:06 | Schulz | Frank | 1977 | TSH Team Bergamont | | 00:24:32 | 28 | 01:04:22 | 41 | 01:28:54 | 39 | 00:42:11 | 19 | 02:11:06 | 22 |
| 23 | 74 | 02:11:14 | Tiedemann | Morten | 1986 | Stader SV Team | | 00:23:16 | 17 | 01:03:15 | 23 | 01:26:31 | 22 | 00:44:43 | 35 | 02:11:14 | 23 |
| 24 | 75 | 02:11:19 | Straube | Konrad | 1984 | Stader SV Team | | 00:22:44 | 14 | 01:03:17 | 25 | 01:26:01 | 14 | 00:45:17 | 41 | 02:11:19 | 24 |
| 25 | 81 | 02:11:24 | La-Ramée | Ken | 1980 | USC Kiel | | 00:24:34 | 29 | 01:03:19 | 26 | 01:27:54 | 34 | 00:43:30 | 28 | 02:11:24 | 25 |
| 26 | 110 | 02:11:26 | Hadler | Olaf | 1969 | Triathlon Team Buxtehude | | 00:25:45 | 52 | 01:03:06 | 20 | 01:28:51 | 36 | 00:42:34 | 23 | 02:11:26 | 26 |
| 27 | 137 | 02:11:47 | Weiher | Alexander | 1983 | NTSV Strand 08 Triathlon | | 00:23:48 | 22 | 01:02:01 | 13 | 01:25:49 | 12 | 00:45:58 | 46 | 02:11:47 | 27 |
| 28 | 92 | 02:12:05 | Ahrens | Hans-Björn | 1979 | TSH Team Bergamont | | 00:26:19 | 55 | 01:03:48 | 36 | 01:30:07 | 42 | 00:41:57 | 16 | 02:12:05 | 28 |
| 29 | 90 | 02:12:45 | Sienknecht | Nis | 1977 | TSH Team Bergamont | | 00:24:40 | 31 | 01:01:52 | 12 | 01:26:32 | 23 | 00:46:13 | 49 | 02:12:45 | 29 |
| 30 | 64 | 02:13:13 | Brylack | Frank | 1966 | Hannover 96 II | | 00:23:31 | 20 | 01:02:59 | 19 | 01:26:31 | 21 | 00:46:42 | 51 | 02:13:13 | 30 |
| 31 | 99 | 02:13:16 | Becker | Kai | 1981 | Ratzeburger SV-Triathlon | | 00:25:38 | 48 | 01:05:51 | 47 | 01:31:29 | 48 | 00:41:47 | 12 | 02:13:16 | 31 |
| 32 | 70 | 02:13:36 | Richter | Jens | 1962 | Triabolos Multipower Active Team | | 00:24:36 | 30 | 01:02:14 | 14 | 01:26:51 | 29 | 00:46:45 | 52 | 02:13:36 | 32 |
| 33 | 122 | 02:13:39 | Jung | Guido | 1971 | Öffentliche Triathlon Team Braunschweig | | 00:21:22 | 4 | 01:04:51 | 43 | 01:26:13 | 15 | 00:47:26 | 55 | 02:13:39 | 33 |
| 34 | 59 | 02:13:48 | Schuster | Jens | 1970 | Kaifu-Tri-Team | | 00:25:32 | 46 | 01:03:19 | 27 | 01:28:52 | 38 | 00:44:56 | 37 | 02:13:48 | 34 |
| 35 | 89 | 02:14:11 | Bück | Christian | 1981 | TSH Team Bergamont | | 00:21:08 | 1 | 01:03:25 | 28 | 01:24:34 | 8 | 00:49:36 | 66 | 02:14:11 | 35 |
| 36 | 123 | 02:14:46 | Brell | Michael | 1965 | Wasserratten (Norderstedt) | | 00:23:20 | 19 | 01:03:13 | 22 | 01:26:33 | 25 | 00:48:12 | 59 | 02:14:46 | 36 |
| 37 | 84 | 02:15:05 | Schönrock | Stephan | 1981 | Team Gelting Radshop Brunner | | 00:24:28 | 27 | 01:02:28 | 16 | 01:26:56 | 30 | 00:48:08 | 58 | 02:15:05 | 37 |
| 38 | 115 | 02:15:55 | Pelz | Guido Michael | 1969 | WSV Wolfenbüttel | | 00:24:27 | 26 | 01:06:02 | 49 | 01:30:30 | 45 | 00:45:24 | 43 | 02:15:55 | 38 |
| 39 | 93 | 02:16:04 | Petersen | Tim-Ole | 1980 | TriAs Flensburg | | 00:25:42 | 51 | 01:07:12 | 53 | 01:32:54 | 50 | 00:43:09 | 26 | 02:16:04 | 39 |
| 40 | 94 | 02:16:04 | Maaß | Bastian | 1984 | TriAs Flensburg | | 00:23:56 | 23 | 01:04:14 | 40 | 01:28:10 | 35 | 00:47:53 | 56 | 02:16:04 | 40 |

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|-----|------|----------|-----------------|------------|------|--|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 41 | 96 | 02:16:14 | Reiner | Bodo | 1964 | TriAs Flensburg | | 00:24:59 | 37 | 01:08:16 | 60 | 01:33:15 | 54 | 00:42:58 | 25 | 02:16:14 | 41 |
| 42 | 68 | 02:16:54 | Kuhlenkanp | Jens | 1977 | Triabolos Multipower Active Team | | | 0 | | 0 | 01:30:56 | 47 | 00:45:57 | 45 | 02:16:54 | 42 |
| 43 | 119 | 02:17:04 | Schier | Sebastian | 1984 | Öffentliche Triathlon Team Braunschweig | | 00:25:06 | 39 | 01:02:44 | 17 | 01:27:50 | 33 | 00:49:13 | 64 | 02:17:04 | 43 |
| 44 | 109 | 02:17:22 | Stein | Andreas | 1970 | Triathlon Team Buxtehude | | 00:25:13 | 40 | 01:05:14 | 44 | 01:30:28 | 43 | 00:46:53 | 53 | 02:17:22 | 44 |
| 45 | 116 | 02:17:41 | Wallbaum | Falk | 1980 | WSV Wolfenbüttel | | 00:24:52 | 35 | 01:06:41 | 51 | 01:31:34 | 49 | 00:46:07 | 48 | 02:17:41 | 45 |
| 46 | 135 | 02:17:57 | Nörenberg | Michael | 1970 | NTSV Strand 08 Triathlon | | 00:26:34 | 60 | 01:08:11 | 58 | 01:34:46 | 58 | 00:43:11 | 27 | 02:17:57 | 46 |
| 47 | 78 | 02:18:01 | Adlung | Dominic | 1984 | USC Kiel | | 00:27:04 | 65 | 01:05:58 | 48 | 01:33:02 | 51 | 00:44:58 | 38 | 02:18:01 | 47 |
| 48 | 112 | 02:18:17 | Richters | Dirk | 1989 | Triathlon Team Buxtehude | | 00:25:38 | 49 | 01:07:32 | 55 | 01:33:11 | 53 | 00:45:05 | 39 | 02:18:17 | 48 |
| 49 | 133 | 02:18:23 | Ahlgrimm | Jens | 1966 | NTSV Strand 08 Triathlon | | 00:26:23 | 57 | 01:07:06 | 52 | 01:33:29 | 57 | 00:44:53 | 36 | 02:18:23 | 49 |
| 50 | 114 | 02:18:27 | Peppel | Andreas | 1978 | WSV Wolfenbüttel | | 00:24:44 | 32 | 01:05:44 | 46 | 01:30:29 | 44 | 00:47:58 | 57 | 02:18:27 | 50 |
| 51 | 130 | 02:19:03 | Müller | Martin | 1974 | TuS Holtenau Kiel | | 00:24:00 | 24 | 01:03:36 | 33 | 01:27:37 | 32 | 00:51:25 | 71 | 02:19:03 | 51 |
| 52 | 100 | 02:19:15 | Dahlmann | Matthias | 1970 | Ratzeburger SV-Triathlon | | 00:27:32 | 67 | 01:05:37 | 45 | 01:33:10 | 52 | 00:46:05 | 47 | 02:19:15 | 52 |
| 53 | 142 | 02:19:51 | Jeworek | Pascal | 1991 | Erdinger Alkoholfrei Team Gut Heil Itzhoe II | | 00:25:27 | 43 | 01:10:04 | 62 | 01:35:32 | 59 | 00:44:19 | 33 | 02:19:51 | 53 |
| 54 | 69 | 02:19:58 | Dohse | Michael | 1978 | Triabolos Multipower Active Team | | 00:26:06 | 54 | 01:07:14 | 54 | 01:33:20 | 55 | 00:46:38 | 50 | 02:19:58 | 54 |
| 55 | 67 | 02:20:12 | Thiemann | Frank | 1975 | Hannover 96 II | | 00:26:22 | 56 | 01:04:08 | 38 | 01:30:30 | 46 | 00:49:41 | 67 | 02:20:12 | 55 |
| 56 | 129 | 02:20:40 | Meishner | Lukas | 1991 | TuS Holtenau Kiel | | 00:27:09 | 66 | 01:09:38 | 61 | 01:36:48 | 65 | 00:43:51 | 31 | 02:20:40 | 56 |
| 57 | 97 | 02:20:49 | Lichte-Pohlmann | Jörg | 1965 | TriAs Flensburg | | 00:25:31 | 45 | 01:04:27 | 42 | 01:29:59 | 41 | 00:50:50 | 70 | 02:20:49 | 57 |
| 58 | 125 | 02:21:01 | Liber | Jörg | 1963 | Wasserratten (Norderstedt) | | 00:25:03 | 38 | 01:11:18 | 69 | 01:36:22 | 62 | 00:44:39 | 34 | 02:21:01 | 58 |
| 59 | 101 | 02:21:05 | Sonnenburg | Tim | 1985 | Ratzeburger SV-Triathlon | | 00:27:33 | 68 | 01:08:12 | 59 | 01:35:46 | 60 | 00:45:19 | 42 | 02:21:05 | 59 |
| 60 | 80 | 02:21:50 | Nagel | Konstantin | 1984 | USC Kiel | | 00:28:39 | 73 | 01:07:58 | 56 | 01:36:38 | 64 | 00:45:12 | 40 | 02:21:50 | 60 |
| 61 | 102 | 02:21:52 | Dolecki | Martin | 1969 | Ratzeburger SV-Triathlon | | 00:27:01 | 64 | 01:06:19 | 50 | 01:33:21 | 56 | 00:48:31 | 60 | 02:21:52 | 61 |
| 62 | 76 | 02:22:10 | Schulz | Dennis | 1984 | Stader SV Team | | 00:22:26 | 7 | 01:03:16 | 24 | 01:25:43 | 9 | 00:56:27 | 78 | 02:22:10 | 62 |
| 63 | 79 | 02:23:56 | Klein | Erik | 1976 | USC Kiel | | 00:25:28 | 44 | 01:11:04 | 68 | 01:36:33 | 63 | 00:47:22 | 54 | 02:23:56 | 63 |

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Ergebnis

Regionalliga Nord Herren

(1,5 / 40 / 10,8)

Regionalliga Nord Herren

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Endzeit | Pos |
|-----|------|----------|--------------|-----------|------|--|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 64 | 131 | 02:25:10 | Friedrich | Jens | 1972 | TuS Holtenau Kiel | | 00:28:42 | 74 | 01:10:55 | 67 | 01:39:38 | 71 | 00:45:32 | 44 | 02:25:10 | 64 |
| 65 | 126 | 02:26:06 | Friedrichsen | Niels | 1978 | Wasserratten (Norderstedt) | | 00:26:56 | 63 | 01:10:19 | 64 | 01:37:15 | 67 | 00:48:50 | 62 | 02:26:06 | 65 |
| 66 | 83 | 02:26:21 | Schönrock | Andreas | 1980 | Team Gelting Radshop Brunner | | 00:22:38 | 9 | 01:03:55 | 37 | 01:26:33 | 26 | 00:59:48 | 80 | 02:26:21 | 66 |
| 67 | 120 | 02:26:31 | Zöllner | Jan | 1984 | Öffentliche Triathlon Team Braunschweig | | 00:28:31 | 72 | 01:16:06 | 76 | 01:44:37 | 77 | 00:41:54 | 15 | 02:26:31 | 67 |
| 68 | 141 | 02:27:01 | Steffens | Roger | 1966 | Erdinger Alkoholfrei Team Gut Heil Itzhoe II | | 00:27:59 | 70 | 01:10:05 | 63 | 01:38:04 | 69 | 00:48:57 | 63 | 02:27:01 | 68 |
| 69 | 118 | 02:27:33 | Jüds | Sascha | 1973 | Öffentliche Triathlon Team Braunschweig | | 00:26:39 | 61 | 01:10:35 | 65 | 01:37:14 | 66 | 00:50:18 | 69 | 02:27:33 | 69 |
| 70 | 111 | 02:27:53 | Gerlach | Thomas | 1973 | Triathlon Team Buxtehude | | 00:28:18 | 71 | 01:10:52 | 66 | 01:39:10 | 70 | 00:48:42 | 61 | 02:27:53 | 70 |
| 71 | 113 | 02:28:11 | Schöppler | Julian | 1990 | WSV Wolfenbüttel | | | 0 | | 0 | 01:36:12 | 61 | 00:51:59 | 73 | 02:28:11 | 71 |
| 72 | 128 | 02:28:43 | Meishner | Holger | 1963 | TuS Holtenau Kiel | | 00:33:31 | 77 | 01:13:20 | 73 | 01:46:52 | 78 | 00:41:51 | 14 | 02:28:43 | 72 |
| 73 | 132 | 02:31:08 | Lohmann | Stephan | 1967 | TuS Holtenau Kiel | | 00:26:27 | 58 | 01:14:42 | 74 | 01:41:09 | 75 | 00:49:59 | 68 | 02:31:08 | 73 |
| 74 | 127 | 02:31:29 | Reimer | Jörg | 1968 | Wasserratten (Norderstedt) | | 00:24:56 | 36 | 01:12:23 | 70 | 01:37:20 | 68 | 00:54:08 | 76 | 02:31:29 | 74 |
| 75 | 138 | 02:32:48 | Radau | Stefan | 1967 | Erdinger Alkoholfrei Team Gut Heil Itzhoe II | | 00:30:28 | 75 | 01:12:53 | 72 | 01:43:22 | 76 | 00:49:26 | 65 | 02:32:48 | 75 |
| 76 | 117 | 02:33:24 | Gerhard | Georg | 1979 | WSV Wolfenbüttel | | 00:31:51 | 76 | 01:07:58 | 57 | 01:39:49 | 72 | 00:53:34 | 75 | 02:33:24 | 76 |
| 77 | 124 | 02:34:58 | Fitz | Manfred | 1967 | Wasserratten (Norderstedt) | | 00:27:57 | 69 | 01:12:32 | 71 | 01:40:29 | 74 | 00:54:29 | 77 | 02:34:58 | 77 |
| 78 | 121 | 02:36:01 | Hoffmann | Friedrich | 1984 | Öffentliche Triathlon Team Braunschweig | | 00:35:12 | 79 | | 0 | | 0 | | 0 | 02:36:01 | 78 |
| 79 | 136 | 02:39:01 | Peine | Dirk | 1971 | NTSV Strand 08 Triathlon | | 00:25:20 | 41 | 01:15:03 | 75 | 01:40:23 | 73 | 00:58:37 | 79 | 02:39:01 | 79 |
| 80 | 134 | 02:40:15 | Krumbeck | Tobias | 1980 | NTSV Strand 08 Triathlon | | 00:26:50 | 62 | 01:20:32 | 78 | 01:47:22 | 79 | 00:52:53 | 74 | 02:40:15 | 80 |
| 81 | 140 | 02:42:36 | Mehlert | Jan | 1979 | Erdinger Alkoholfrei Team Gut Heil Itzhoe II | | 00:34:25 | 78 | 01:16:22 | 77 | 01:50:48 | 80 | 00:51:47 | 72 | 02:42:36 | 81 |

Einträge in der Liste: 81

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