



2. GHI Tri

20. Juni 2010

Ergebnis

Regionalliga Nord Herren (0,5 / 20 / 5)

Regionalliga Nord Herren

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
1	12	00:55:13	Raphael	Jan	1972	Hannover 96 Herren II	GER-NIE	00:07:09	3	00:31:11	4	00:38:20	1	00:16:52	4	00:55:13	1
2	13	00:56:30	Kampkötter	Lukas	1989	Hannover 96 Herren II	GER-NIE	00:08:06	6	00:31:47	11	00:39:54	8	00:16:35	1	00:56:30	2
3	50	00:56:36	Fiedler	Thilo	1983	Tri Michels Hamburg 1	GER-HAM	00:08:13	8	00:31:00	3	00:39:13	3	00:17:22	9	00:56:36	3
4	79	00:56:44	Winkler	Benjamin	1984	USC Kiel	GER-SH	00:08:19	12	00:30:22	1	00:38:42	2	00:18:01	20	00:56:44	4
5	45	00:56:53	Schmidt	Lars	1987	Team Gelting Radshop Brunner	GER-SH	00:08:21	14	00:31:23	7	00:39:44	4	00:17:08	6	00:56:53	5
6	80	00:57:37	Lorenzen	Tom	1983	USC Kiel	GER-SH	00:08:33	19	00:31:22	6	00:39:55	9	00:17:41	16	00:57:37	6
7	17	00:57:39	Deneke	Tilmann	1978	Kaifu Tri Team	GER-HAM	00:09:06	27	00:31:50	12	00:40:56	20	00:16:42	2	00:57:39	7
8	56	00:58:05	Skazidroga	Robert	1986	Triabolos MULTIPOWER active Team	GER-HAM	00:08:15	10	00:32:24	19	00:40:39	14	00:17:25	10	00:58:05	8
9	62	00:58:05	Schuldt	Niels-Asbjörn	1978	TriAs Flensburg	GER-SH	00:08:13	9	00:31:32	8	00:39:46	5	00:18:18	28	00:58:05	9
10	19	00:58:07	Herber	Philipp	1989	Kaifu Tri Team	GER-HAM	00:08:48	25	00:31:00	2	00:39:48	6	00:18:18	27	00:58:07	10
11	58	00:58:09	Heller	Hauke	1989	Triabolos MULTIPOWER active Team	GER-HAM	00:06:37	2	00:34:22	49	00:40:59	22	00:17:09	7	00:58:09	11
12	46	00:58:10	Uhlrich	Christian	1983	Tri Michels Hamburg 1	GER-HAM	00:08:34	20	00:32:50	24	00:41:24	30	00:16:45	3	00:58:10	12
13	43	00:58:11	Helbo	Andreas	1989	Team Gelting Radshop Brunner	GER-SH	00:08:20	13	00:32:46	22	00:41:06	23	00:17:04	5	00:58:11	13
14	57	00:58:20	Schröder	Björn	1981	Triabolos MULTIPOWER active Team	GER-HAM	00:07:43	5	00:32:59	29	00:40:42	15	00:17:37	14	00:58:20	14
15	47	00:58:27	Tychsen	Frederik	1975	Tri Michels Hamburg 1	GER-HAM	00:08:10	7	00:32:12	16	00:40:22	12	00:18:04	21	00:58:27	15

ETSV Gut Heil Itzehoe Beethovenstraße 2-4 25524 Itzehoe

Telefon: 04821 15170 Fax: 04821 151799 info@gut-heil-itzehoe.de http://www.ghi-triathlon.de

Ergebnis

Regionalliga Nord Herren

(0,5 / 20 / 5)

Regionalliga Nord Herren

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
16	18	00:58:34	Schuster	Jens	1970	Kaifu Tri Team	GER-HAM	00:09:20	31	00:31:52	13	00:41:12	25	00:17:21	8	00:58:34	16
17	60	00:58:36	Woitha	Christian	1992	Triabolos MULTIPOWER active Team	GER-HAM	00:07:13	4	00:33:04	33	00:40:18	11	00:18:18	26	00:58:36	17
18	44	00:58:40	Gehb	David	1983	Team Gelting Radshop Brunner	GER-SH	00:09:09	28	00:31:34	9	00:40:44	16	00:17:56	17	00:58:40	18
19	14	00:58:49	Schwarz	Stefan	1979	Hannover 96 Herren II	GER-NIE	00:08:29	17	00:31:59	15	00:40:28	13	00:18:20	29	00:58:49	19
20	20	00:59:15	Schmitz	Ralph	1967	Kaifu Tri Team	GER-HAM	00:08:39	24	00:31:37	10	00:40:17	10	00:18:58	42	00:59:15	20
21	41	00:59:20	Schönrock	Andreas	1980	Team Gelting Radshop Brunner	GER-SH	00:08:37	22	00:31:15	5	00:39:53	7	00:19:27	57	00:59:20	21
22	61	00:59:28	Petersen	Tim-Ole	1980	TriAs Flensburg	GER-SH	00:08:36	21	00:32:46	23	00:41:23	29	00:18:04	22	00:59:28	22
23	77	00:59:32	Lange	Moritz	1993	USC Kiel	GER-SH	00:08:21	15	00:33:14	34	00:41:35	32	00:17:56	18	00:59:32	23
24	63	00:59:35	Jörgensen	Birger	1982	TriAs Flensburg	GER-SH		0		0	00:40:58	21	00:18:36	34	00:59:35	24
25	48	00:59:40	Belford	Bruno	1975	Tri Michels Hamburg 1	GER-HAM		0		0	00:40:45	17	00:18:55	41	00:59:40	25
26	76	00:59:59	Adlung	Dominic	1984	USC Kiel	GER-SH	00:09:20	32	00:32:13	17	00:41:33	31	00:18:25	31	00:59:59	26
27	49	01:00:11	Houtrouw	Enno	1977	Tri Michels Hamburg 1	GER-HAM	00:08:28	16	00:32:19	18	00:40:48	18	00:19:22	53	01:00:11	27
28	16	01:00:22	Wessling	Bengt	1978	Kaifu Tri Team	GER-HAM	00:08:38	23	00:32:44	21	00:41:22	28	00:18:59	43	01:00:22	28
29	64	01:00:39	Maaß	Bastian	1984	TriAs Flensburg	GER-SH	00:08:30	18	00:32:41	20	00:41:12	24	00:19:26	56	01:00:39	29
30	11	01:01:10	Brylack	Frank	1966	Hannover 96 Herren II	GER-NIE	00:08:19	11	00:32:57	28	00:41:16	27	00:19:53	67	01:01:10	30
31	40	01:01:19	Straube	Konrad	1984	Stader SV Team	GER-NIE	00:10:10	33	00:33:00	31	00:43:11	36	00:18:07	23	01:01:19	31
32	39	01:01:24	Tiedemann	Morten	1986	Stader SV Team	GER-NIE	00:10:12	34	00:33:00	30	00:43:13	37	00:18:11	24	01:01:24	32
33	59	01:01:33	Menk	Christopher-Herms	1985	Triabolos MULTIPOWER active Team	GER-HAM	00:06:30	1	00:34:22	50	00:40:52	19	00:20:41	78	01:01:33	33
34	65	01:01:34	Benecke	Torben	1975	TriAs Flensburg	GER-SH	00:09:16	30	00:31:57	14	00:41:13	26	00:20:20	73	01:01:34	34
35	37	01:01:46	Schulz	Dennis	1984	Stader SV Team	GER-NIE	00:10:15	35	00:32:52	25	00:43:07	34	00:18:38	36	01:01:46	35
36	78	01:02:04	Lückert	Tobias	1974	USC Kiel	GER-SH	00:08:57	26	00:34:04	47	00:43:02	33	00:19:02	44	01:02:04	36
37	42	01:03:26	Schönrock	Stephan	1981	Team Gelting Radshop Brunner	GER-SH	00:09:11	29	00:33:59	45	00:43:10	35	00:20:15	70	01:03:26	37
38	38	01:04:33	Harner	Sebastian	1988	Stader SV Team	GER-NIE	00:10:55	36	00:34:49	58	00:45:45	39	00:18:47	38	01:04:33	38
39	36	01:05:00	Meyer	Timo	1982	Stader SV Team	GER-NIE	00:11:00	37	00:35:28	63	00:46:29	40	00:18:30	33	01:05:00	39

ETSV Gut Heil Itzehoe Beethovenstraße 2-4 25524 Itzehoe

Telefon: 04821 15170 Fax: 04821 151799 info@gut-heil-itzehoe.de http://www.ghi-triathlon.de

Ergebnis

Regionalliga Nord Herren

(0,5 / 20 / 5)

Regionalliga Nord Herren

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
40	92	01:05:58	Lorenz	Philipp	1976	Tri Endurance Germany	GER-BER	00:15:13	48	00:33:15	35	00:48:28	44	00:17:29	11	01:05:58	40
41	71	01:06:16	Bück	Christian	1981	TSH Team Bergamont	GER-HAM	00:12:14	39	00:33:30	40	00:45:44	38	00:20:31	75	01:06:16	41
42	73	01:06:54	Schulz	Frank	1977	TSH Team Bergamont	GER-HAM	00:13:27	41	00:35:04	59	00:48:31	45	00:18:22	30	01:06:54	42
43	52	01:06:58	Werner	Dr. Markus	1974	Tri-Sport Lübeck	GER-SH	00:14:51	46	00:33:29	39	00:48:21	43	00:18:37	35	01:06:58	43
44	75	01:07:14	Pietschak	Bernd	1975	TSH Team Bergamont	GER-HAM	00:14:02	42	00:32:56	26	00:46:58	41	00:20:16	71	01:07:14	44
45	91	01:07:16	Koglin	Sven	1976	Tri Endurance Germany	GER-BER	00:15:32	52	00:33:00	32	00:48:33	46	00:18:42	37	01:07:16	45
46	32	01:07:51	Becker	Kai	1981	Ratzeburger SV-Triathlon	GER-SH	00:16:05	56	00:33:47	44	00:49:52	53	00:17:58	19	01:07:51	46
47	51	01:08:00	Wölfel	Marcel	1986	Tri-Sport Lübeck	GER-SH	00:15:44	54	00:33:47	43	00:49:31	49	00:18:28	32	01:08:00	47
48	69	01:08:07	Heinßen	Erk	1962	Triathlon Team Buxtehude Herren I	GER-NIE	00:15:16	50	00:34:39	55	00:49:55	54	00:18:12	25	01:08:07	48
49	1	01:08:32	Meishner	Lukas	1991	TuS Holtenau Kiel H	GER-SH	00:16:57	71	00:34:03	46	00:51:00	62	00:17:31	12	01:08:32	49
50	35	01:08:43	Sonnenburg	Tim	1985	Ratzeburger SV-Triathlon	GER-SH	00:16:08	59	00:33:31	41	00:49:39	51	00:19:03	45	01:08:43	50
51	67	01:08:53	Hadler	Olaf	1969	Triathlon Team Buxtehude Herren I	GER-NIE	00:16:17	64	00:33:19	36	00:49:36	50	00:19:16	51	01:08:53	51
52	27	01:08:58	Welzel	Felix	1982	Öffentliches Triathlon Team Braunschweig	GER-NIE	00:16:59	72	00:34:26	53	00:51:26	65	00:17:32	13	01:08:58	52
53	85	01:09:02	Brell	Michael	1965	Wasserratten	GER-SH	00:14:44	45	00:33:29	38	00:48:13	42	00:20:48	79	01:09:02	53
54	74	01:09:18	Budinger	Tilo	1972	TSH Team Bergamont	GER-HAM	00:13:22	40	00:36:08	71	00:49:30	48	00:19:47	64	01:09:18	54
55	87	01:09:39	Wallbaum	Falk	1980	WSV 1921 Wolfenbüttel	GER-NIE	00:15:30	51	00:34:26	52	00:49:57	55	00:19:42	63	01:09:39	55
56	86	01:09:52	Tiedeken	Jens	1968	WSV 1921 Wolfenbüttel	GER-NIE	00:16:19	65	00:34:28	54	00:50:48	57	00:19:03	46	01:09:52	56
57	83	01:09:59	Eggert	Philipp	1991	Wasserratten	GER-SH	00:14:17	43	00:35:50	67	00:50:07	56	00:19:51	66	01:09:59	57
58	4	01:10:04	Müller	Martin	1974	TuS Holtenau Kiel H	GER-SH	00:16:06	57	00:33:41	42	00:49:48	52	00:20:16	72	01:10:04	58
59	29	01:10:11	Schier	Sebastian	1984	Öffentliches Triathlon Team Braunschweig	GER-NIE	00:17:26	74	00:33:24	37	00:50:50	58	00:19:21	52	01:10:11	59
60	88	01:10:14	Pelz	Guido Michael	1969	WSV 1921 Wolfenbüttel	GER-NIE	00:15:37	53	00:35:13	60	00:50:50	59	00:19:23	55	01:10:14	60
61	93	01:10:24	Höche	Pascal	1987	Tri Endurance Germany	GER-NIE		0		0	00:50:51	60	00:19:33	60	01:10:24	61
62	53	01:10:29	Holtz	Nico	1974	Tri-Sport Lübeck	GER-SH	00:14:27	44	00:34:11	48	00:48:39	47	00:21:50	85	01:10:29	62

ETSV Gut Heil Itzehoe Beethovenstraße 2-4 25524 Itzehoe

Telefon: 04821 15170 Fax: 04821 151799 info@gut-heil-itzehoe.de http://www.ghi-triathlon.de

Ergebnis

Regionalliga Nord Herren

(0,5 / 20 / 5)

Regionalliga Nord Herren

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
63	55	01:10:45	Borchert	Conrad	1983	Tri-Sport Lübeck	GER-SH	00:14:54	47	00:36:02	70	00:50:56	61	00:19:48	65	01:10:45	63
64	81	01:11:06	Poppitz	Steffen	1967	Wasserratten	GER-SH	00:16:07	58	00:35:43	66	00:51:50	68	00:19:15	50	01:11:06	64
65	94	01:11:08	Schiöberg	Kjell	1977	Tri Endurance Germany		00:16:12	60	00:35:51	68	00:52:03	70	00:19:04	47	01:11:08	65
66	31	01:11:15	Dolecki	Martin	1969	Ratzeburger SV-Triathlon	GER-SH	00:16:34	68	00:35:18	61	00:51:53	69	00:19:22	54	01:11:15	66
67	5	01:11:45	Schmidt	Thorben	1990	TuS Holtenau Kiel H	GER-SH	00:16:13	61	00:35:30	64	00:51:43	66	00:20:02	69	01:11:45	67
68	84	01:11:56	Liber	Jörg	1963	Wasserratten	GER-SH	00:15:15	49	00:37:03	77	00:52:18	71	00:19:38	61	01:11:56	68
69	2	01:12:08	Rohr	Torsten	1965	TuS Holtenau Kiel H	GER-SH	00:16:22	66	00:34:40	56	00:51:02	63	00:21:05	82	01:12:08	69
70	24	01:12:12	Weiber	Alexander	1983	NTSV Strand 08 Triathlon	GER-SH	00:18:27	76	00:32:56	27	00:51:23	64	00:20:48	80	01:12:12	70
71	68	01:12:20	Stein	Andreas	1970	Triathlon Team Buxtehude Herren I	GER-NIE	00:16:13	62	00:35:35	65	00:51:49	67	00:20:31	74	01:12:20	71
72	30	01:12:27	Zöllner	Jan	1984	Öffentliches Triathlon Team Braunschweig	GER-NIE		0		0	00:54:46	81	00:17:41	15	01:12:27	72
73	33	01:12:41	Sonnenburg	Volker	1988	Ratzeburger SV-Triathlon	GER-SH	00:17:54	75	00:35:51	69	00:53:46	76	00:18:54	40	01:12:41	73
74	89	01:12:55	Alex	Sven	1991	WSV 1921 Wolfenbüttel	GER-NIE	00:16:24	67	00:37:38	80	00:54:03	78	00:18:51	39	01:12:55	74
75	66	01:13:01	Gerlach	Thomas	1973	Triathlon Team Buxtehude Herren I	GER-NIE	00:16:41	69	00:36:37	74	00:53:18	75	00:19:42	62	01:13:01	75
76	25	01:13:17	Ahlgrimm	Jens	1966	NTSV Strand 08 Triathlon	GER-SH	00:19:26	80	00:34:42	57	00:54:08	79	00:19:08	49	01:13:17	76
77	9	01:13:35	Jeworek	Pascal	1992	Gut Heil Itzehoe II	GER-SH	00:19:02	78	00:35:28	62	00:54:30	80	00:19:04	48	01:13:35	77
78	34	01:13:45	Walther	Andreas	1968	Ratzeburger SV-Triathlon	GER-SH	00:16:16	63	00:36:25	72	00:52:41	72	00:21:03	81	01:13:45	78
79	8	01:13:48	Sönksen	Henrik	1993	Gut Heil Itzehoe II	GER-SH	00:19:31	82	00:34:23	51	00:53:54	77	00:19:54	68	01:13:48	79
80	28	01:15:16	Wendland	Robert	1989	Öffentliches Triathlon Team Braunschweig	GER-NIE	00:19:11	79	00:36:33	73	00:55:44	82	00:19:31	59	01:15:16	80
81	22	01:15:54	Nörenberg	Michael	1970	NTSV Strand 08 Triathlon	GER-SH	00:19:40	83	00:36:42	75	00:56:22	85	00:19:31	58	01:15:54	81
82	72	01:17:27	Gabalda	Vincent	1985	TSH Team Bergamont	GER-HAM	00:11:51	38	00:41:22	86	00:53:13	73	00:24:13	89	01:17:27	82
83	70	01:17:49	Teske	Harald	1989	Triathlon Team Buxtehude Herren I	GER-NIE	00:17:18	73	00:38:29	81	00:55:48	83	00:22:00	86	01:17:49	83
84	7	01:18:05	Radau	Stefan	1968	Gut Heil Itzehoe II	GER-SH	00:20:39	86	00:36:51	76	00:57:30	86	00:20:34	76	01:18:05	84

ETSV Gut Heil Itzehoe Beethovenstraße 2-4 25524 Itzehoe

Telefon: 04821 15170 Fax: 04821 151799 info@gut-heil-itzehoe.de http://www.ghi-triathlon.de

Ergebnis

Regionalliga Nord Herren

(0,5 / 20 / 5)

Regionalliga Nord Herren

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
85	3	01:18:28	Rutsatz	Martin	1971	TuS Holtenau Kiel H	GER-SH	00:16:55	70	00:39:08	83	00:56:03	84	00:22:24	87	01:18:28	85
86	10	01:18:51	Steffens	Roger	1963	Gut Heil Itzehoe II	GER-SH	00:20:26	85	00:37:11	78	00:57:37	87	00:21:14	84	01:18:51	86
87	82	01:18:56	Reimer	Jörg	1968	Wasserratten	GER-SH	00:16:03	55	00:37:15	79	00:53:18	74	00:25:37	90	01:18:56	87
88	6	01:19:52	Raabe	Tim	1989	Gut Heil Itzehoe II	GER-SH	00:20:20	84	00:38:55	82	00:59:16	89	00:20:36	77	01:19:52	88
89	23	01:20:37	Krumbeck	Tobias	1981	NTSV Strand 08 Triathlon	GER-SH	00:19:30	81	00:39:53	84	00:59:23	90	00:21:13	83	01:20:37	89
90	21	01:21:15	Peine	Dirk	1971	NTSV Strand 08 Triathlon	GER-SH	00:18:33	77	00:39:56	85	00:58:29	88	00:22:45	88	01:21:15	90

Einträge in der Liste: 90



2. GHI Tri

20. Juni 2010

Ergebnis

Regionalliga Nord Damen (0,5 / 20 / 5)

Regionalliga Nord Damen

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
1	113	01:06:15	Trukenmüller	Rebekka	1982	Kaifu-Tri-Team Damen	GER-HAM	00:09:09	6	00:36:44	4	00:45:53	4	00:20:21	4	01:06:15	1
2	114	01:06:34	Uhlig	Vanessa	1978	Kaifu-Tri-Team Damen	GER-HAM	00:07:53	2	00:37:19	6	00:45:13	1	00:21:20	10	01:06:34	2
3	117	01:06:50	Rodewald	Vanessa	1991	SG TSV Bokeloh - TSV Neustadt	GER-NIE	00:07:35	1	00:38:11	15	00:45:46	2	00:21:03	5	01:06:50	3
4	124	01:06:54	Helbig	Léana	1981	Triabolos Multipower activ Team	GER-HAM	00:08:52	5	00:38:10	14	00:47:03	7	00:19:51	2	01:06:54	4
5	116	01:07:51	Fuchs	Franca	1982	Kaifu-Tri-Team Damen	GER-HAM	00:07:54	3	00:37:59	13	00:45:54	5	00:21:56	17	01:07:51	5
6	110	01:07:53	Jansen	Kerstin	1976	Hannover 96	GER-NIE	00:12:00	19	00:35:38	1	00:47:39	8	00:20:13	3	01:07:53	6
7	111	01:07:53	Winkler	Carla	1986	Hannover 96	GER-NIE	00:12:06	21	00:35:59	3	00:48:05	10	00:19:47	1	01:07:53	7
8	127	01:08:17	Hagel	Petra	1977	Triabolos Multipower activ Team	GER-HAM	00:09:36	9	00:37:04	5	00:46:41	6	00:21:36	11	01:08:17	8
9	118	01:10:03	Grages	Katharina	1990	SG TSV Bokeloh - TSV Neustadt	GER-NIE	00:07:57	4	00:37:51	11	00:45:49	3	00:24:14	34	01:10:03	9
10	109	01:10:17	Küsel	Vera	1979	Hannover 96	GER-NIE	00:11:12	13	00:37:44	9	00:48:57	13	00:21:19	9	01:10:17	10
11	115	01:10:22	Engelberg	Mareike	1981	Kaifu-Tri-Team Damen	GER-HAM	00:10:36	10	00:37:54	12	00:48:31	11	00:21:51	15	01:10:22	11
12	125	01:10:29	Fahnemann	Stephanie	1974	Triabolos Multipower activ Team	GER-HAM	00:09:31	8	00:38:16	16	00:47:48	9	00:22:41	22	01:10:29	12
13	123	01:11:01	Huckfeldt	Marit	1984	Tri-Sport Lübeck	GER-SH		0		0	00:49:05	14	00:21:56	16	01:11:01	13
14	112	01:11:58	Jakubowski	Kristin	1991	Hannover 96	GER-NIE	00:11:45	17	00:38:22	18	00:50:07	16	00:21:50	13	01:11:58	14

ETSV Gut Heil Itzehoe Beethovenstraße 2-4 25524 Itzehoe

Telefon: 04821 15170 Fax: 04821 151799 info@gut-heil-itzehoe.de http://www.ghi-triathlon.de

Ergebnis

Regionalliga Nord Damen

(0,5 / 20 / 5)

Regionalliga Nord Damen

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
15	128	01:12:04	Janßen	Elena	1986	TriAs Flensburg	GER-SH	00:11:32	14	00:39:19	27	00:50:51	22	00:21:13	7	01:12:04	15
16	103	01:12:10	Schmidt	Anne	1993	TuS Holtenau Kiel D	GER-SH		0		0	00:48:55	12	00:23:14	29	01:12:10	16
17	119	01:12:21	Ahrbecker	Clara	1994	SG TSV Bokeloh - TSV Neustadt	GER-NIE	00:09:09	7	00:41:20	34	00:50:30	18	00:21:51	14	01:12:21	17
18	104	01:12:32	Schreyer	Simone	1966	TuS Holtenau Kiel D	GER-SH	00:12:25	23	00:38:58	23	00:51:24	26	00:21:08	6	01:12:32	18
19	139	01:12:51	Köck	Kaatje Lisa	1991	TriDW Team Lubinus	GER-SH	00:15:05	33	00:35:46	2	00:50:51	23	00:21:59	18	01:12:51	19
20	126	01:13:08	Hubert	Katharina	1982	Triabolos Multipower activ Team	GER-HAM	00:10:42	11	00:39:27	28	00:50:09	17	00:22:58	26	01:13:08	20
21	131	01:13:13	Glöe	Christine	1979	TriAs Flensburg	GER-SH	00:11:41	16	00:37:38	8	00:49:20	15	00:23:53	32	01:13:13	21
22	121	01:13:17	Roths	Jana	1984	Tri-Sport Lübeck	GER-SH	00:13:18	26	00:38:19	17	00:51:38	29	00:21:39	12	01:13:17	22
23	135	01:13:20	Zielke	Uta	1971	Triathlon Team Buxtehude Damen I	GER-NIE	00:13:25	28	00:37:36	7	00:51:01	25	00:22:19	20	01:13:20	23
24	102	01:13:30	Hartmann	Beeke	1993	TuS Holtenau Kiel D	GER-SH		0		0	00:51:24	27	00:22:05	19	01:13:30	24
25	144	01:13:49	Steffenhagen	Diana	1985	Wasserratten I	GER-SH	00:12:04	20	00:38:35	19	00:50:39	20	00:23:10	28	01:13:49	25
26	132	01:14:13	Hahn	Tanja	1967	Triathlon Team Buxtehude Damen I	GER-NIE	00:11:59	18	00:39:32	29	00:51:31	28	00:22:42	24	01:14:13	26
27	145	01:14:39	Trottenberg	Nicole	1980	Wasserratten I	GER-SH	00:10:49	12	00:39:58	30	00:50:48	21	00:23:51	31	01:14:39	27
28	101	01:15:08	Schall	Kira	1994	TuS Holtenau Kiel D	GER-SH		0		0	00:50:38	19	00:24:29	35	01:15:08	28
29	140	01:16:05	Rau	Verena	1987	TSH Team Bergamont / Tri Team Hamburger Hochschulen	GER-HAM	00:15:54	35	00:37:47	10	00:53:41	32	00:22:24	21	01:16:05	29
30	120	01:16:34	Quellhorst	Anna	1981	Tri-Sport Lübeck	GER-SH	00:13:42	30	00:38:50	21	00:52:33	30	00:24:00	33	01:16:34	30
31	136	01:16:47	Timme	Sinika	1992	TriDW Team Lubinus	GER-SH	00:16:31	37	00:38:57	22	00:55:29	39	00:21:18	8	01:16:47	31
32	147	01:16:55	Buschbeck	Dagmar	1963	Wasserratten I	GER-SH	00:11:35	15	00:39:16	25	00:50:52	24	00:26:02	42	01:16:55	32
33	129	01:16:58	Kluge-Credo	Susanne	1969	TriAs Flensburg	GER-SH	00:13:20	27	00:40:37	32	00:53:58	33	00:23:00	27	01:16:58	33
34	138	01:18:09	Zenthöfer	Marion	1980	TriDW Team Lubinus	GER-SH	00:16:12	36	00:39:15	24	00:55:28	37	00:22:41	23	01:18:09	34
35	130	01:18:18	Petersen	Katharina	1981	TriAs Flensburg	GER-SH	00:13:35	29	00:39:17	26	00:52:52	31	00:25:25	38	01:18:18	35
36	134	01:18:24	Radtke	Antje	1969	Triathlon Team Buxtehude Damen I	GER-NIE	00:12:39	24	00:42:04	36	00:54:43	34	00:23:41	30	01:18:24	36

ETSV Gut Heil Itzehoe Beethovenstraße 2-4 25524 Itzehoe

Telefon: 04821 15170 Fax: 04821 151799 info@gut-heil-itzehoe.de http://www.ghi-triathlon.de

Ergebnis

Regionalliga Nord Damen

(0,5 / 20 / 5)

Regionalliga Nord Damen

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
37	142	01:18:55	Goldberg	Monika	1973	TSH Team Bergamont / Tri Team Hamburger Hochschulen	GER-HAM	00:17:24	39	00:38:39	20	00:56:04	41	00:22:50	25	01:18:55	37
38	143	01:19:55	Freckmann	Kathrin	1984	TSH Team Bergamont / Tri Team Hamburger Hochschulen	GER-HAM	00:14:10	31	00:40:39	33	00:54:49	35	00:25:05	37	01:19:55	38
39	146	01:20:21	Witte	Kerstin	1986	Wasserratten I	GER-SH	00:12:14	22	00:43:20	40	00:55:34	40	00:24:47	36	01:20:21	39
40	133	01:20:55	Felgentreu	Marion	1966	Triathlon Team Buxtehude Damen I	GER-NIE	00:13:08	25	00:42:01	35	00:55:09	36	00:25:46	41	01:20:55	40
41	137	01:21:12	Wrobel	Bente	1992	TriDW Team Lubinus	GER-SH	00:15:12	34	00:40:16	31	00:55:28	38	00:25:43	39	01:21:12	41
42	122	01:25:54	Hallauer	Chiara	1985	Tri-Sport Lübeck	GER-SH	00:14:54	32	00:42:52	38	00:57:46	42	00:28:07	45	01:25:54	42
43	151	01:35:18	Hirschner	Diana	1979	Wasserratten II	GER-SH	00:26:31	46	00:43:02	39	01:09:33	45	00:25:44	40	01:35:18	43
44	149	01:36:25	Spingler	Kati	1965	Wasserratten II	GER-SH	00:25:56	44	00:42:26	37	01:08:23	44	00:28:02	44	01:36:25	44
45	108	01:38:33	Siegmund	Kathi	1969	Expeditionsteam	GER-HAM	00:23:14	41	00:46:46	44	01:10:00	46	00:28:32	47	01:38:33	45
46	106	01:38:33	Rieck	Julia	1976	Expeditionsteam	GER-HAM	00:23:16	43	00:46:45	43	01:10:02	49	00:28:31	46	01:38:33	46
47	107	01:38:35	Christian	Anja	1977	Expeditionsteam	GER-HAM	00:23:16	42	00:46:44	42	01:10:01	47	00:28:34	49	01:38:35	47
48	105	01:38:36	Müller Using	Susanne	1975	Expeditionsteam	GER-HAM	00:23:12	40	00:46:49	45	01:10:02	48	00:28:34	48	01:38:36	48
49	150	01:38:39	Herzog	Pamela	1961	Wasserratten II	GER-SH	00:26:15	45	00:44:31	41	01:10:47	50	00:27:52	43	01:38:39	49

Einträge in der Liste: 49

ETSV Gut Heil Itzehoe Beethovenstraße 2-4 25524 Itzehoe

Telefon: 04821 15170 Fax: 04821 151799 info@gut-heil-itzehoe.de http://www.ghi-triathlon.de

Itzehoe Swim Run (0,5-2,5)

Männer

	Zeit	StrNr	Name	Vorname	Verein
1.	15:10:63	12	Raphael	Jan	Hannover 96 Herren II
2.	15:45:24	58	Heller	Hauke	Triabolos MULTIPOWER active Team
3.	15:51:24	45	Schmidt	Lars	Team Gelting Radshop Brunner
4.	16:00:39	43	Helbo	Andreas	Team Gelting Radshop Brunner
5.	16:05:56	13	Kampkötter	Lukas	Hannover 96 Herren II
6.	16:06:57	79	Winkler	Benjamin	USC Kiel
7.	16:11:95	62	Schuldt	Niels-Asbjörn	TriAs Flensburg
8.	16:21:97	80	Lorenzen	Tom	USC Kiel
9.	16:22:45	17	Deneke	Tilman	Kaifu Tri Team
10.	16:24:26	47	Tychsen	Frederik	Tri Michels Hamburg 1
11.	16:24:49	69	Heinßen	Erk	Triathlon Team Buxtehude Herren I
12.	16:25:70	50	Fiedler	Thilo	Tri Michels Hamburg 1
13.	16:29:46	46	Uhlrich	Christian	Tri Michels Hamburg 1
14.	16:31:55	40	Straube	Konrad	Stader SV Team
15.	16:34:13	59	Menk	Christopher-Herms	Triabolos MULTIPOWER active Team
16.	16:38:92	63	Jörgensen	Birger	TriAs Flensburg
17.	16:39:81	60	Woitha	Christian	Triabolos MULTIPOWER active Team
18.	16:41:97	57	Schröder	Björn	Triabolos MULTIPOWER active Team
19.	16:43:02	20	Schmitz	Ralph	Kaifu Tri Team
20.	16:44:31	19	Herber	Philipp	Kaifu Tri Team
21.	16:48:57	77	Lange	Moritz	USC Kiel
22.	16:52:27	64	Maaß	Bastian	TriAs Flensburg
23.	16:55:17	39	Tiedemann	Morten	Stader SV Team
24.	16:56:81	16	Wessling	Bengt	Kaifu Tri Team
25.	17:01:91	92	Lorenz	Philipp	Tri Endurance Germany
26.	17:02:50	61	Petersen	Tim-Ole	TriAs Flensburg
27.	17:10:34	44	Gehb	David	Team Gelting Radshop Brunner
28.	17:13:88	14	Schwarz	Stefan	Hannover 96 Herren II
29.	17:17:93	83	Eggert	Philipp	Wasserratten
30.	17:18:50	48	Belford	Bruno	Tri Michels Hamburg 1
31.	17:19:77	49	Houtrouw	Enno	Tri Michels Hamburg 1
32.	17:19:95	27	Welzel	Felix	Öffentliches Triathlon Team Braunschweig
33.	17:20:57	56	Skazidroga	Robert	Triabolos MULTIPOWER active Team
34.	17:21:04	37	Schulz	Dennis	Stader SV Team
35.	17:21:34	32	Becker	Kai	Ratzeburger SV-Triathlon
36.	17:24:63	72	Gabalda	Vincent	TSH Team Bergamont
37.	17:24:88	52	Werner	Dr. Markus	Tri-Sport Lübeck
38.	17:26:44	18	Schuster	Jens	Kaifu Tri Team
39.	17:33:65	38	Harner	Sebastian	Stader SV Team
40.	17:33:90	76	Adlung	Dominic	USC Kiel
41.	17:35:38	91	Koglin	Sven	Tri Endurance Germany
42.	17:36:18	74	Schulz	Frank	TSH Team Bergamont
43.	17:38:75	1	Meishner	Lukas	TuS Holtenu Kiel H
44.	17:43:61	11	Brylack	Frank	Hannover 96 Herren II
45.	17:45:61	78	Lückert	Tobias	USC Kiel
46.	17:46:30	73	Budinger	Tilo	TSH Team Bergamont
47.	17:49:37	87	Wallbaum	Falk	WSV 1921 Wolfenbüttel
48.	17:50:56	51	Wölfel	Marcel	Tri-Sport Lübeck
49.	17:54:48	88	Pelz	Guido Miachael	WSV 1921 Wolfenbüttel

Itzehoe Swim Run (0,5-2,5)

Frauen					
	Zeit	StrNr	Name	Vorname	Verein
1.	17:43:36	117	Rodewald	Vanessa	SG TSV Bokeloh - TSV Neustadt
2.	18:16:52	124	Helbig	Léana	Triabolos Multipower activ Team
3.	18:30:98	114	Uhlig	Vanessa	Kaifu-Tri-Team Damen
4.	18:47:34	113	Trukenmüller	Rebekka	Kaifu-Tri-Team Damen
5.	18:49:22	128	Janßen	Elena	TriAs Flensburg
6.	18:55:43	123	Huckfeldt	Marit	Tri-Sport Lübeck
7.	19:10:23	145	Trottenberg	Nicole	Wasserratten I
8.	19:29:63	127	Hagel	Petra	Triabolos Multipower activ Team
9.	19:32:80	109	Küsel	Vera	Hannover 96
10.	19:35:61	119	Ahrbecker	Clara	SG TSV Bokeloh - TSV Neustadt
11.	19:37:32	132	Hahn	Tanja	Triathlon Team Buxtehude Damen I
12.	19:40:96	116	Fuchs	Franca	Kaifu-Tri-Team Damen
13.	19:45:53	110	Jansen	Kerstin	Hannover 96
14.	19:52:06	118	Grages	Katharina	SG TSV Bokeloh - TSV Neustadt
15.	19:58:81	125	Fahnemann	Stephanie	Triabolos Multipower activ Team
16.	19:59:93	131	Glöe	Christine	TriAs Flensburg
17.	19:59:93	144	Steffenhagen	Diana	Wasserratten I
18.	20:03:95	111	Winkler	Carla	Hannover 96
19.	20:09:29	143	Freckmann	Kathrin	TSH Team Bergamont / Tri Team Hamburger Hochschulen
20.	20:14:98	138	Zenthöfer	Marion	TriDW Team Lubinus
21.	20:20:71	135	Zielke	Uta	Triathlon Team Buxtehude Damen I
22.	20:26:54	104	Schreyer	Simone	TuS Holtenau Kiel D
23.	20:32:17	121	Roths	Jana	Tri-Sport Lübeck
24.	20:37:19	103	Schmidt	Anne	TuS Holtenau Kiel D
25.	20:39:45	101	Schall	Kira	TuS Holtenau Kiel D
26.	20:44:57	137	Wrobel	Bente	TriDW Team Lubinus
27.	20:52:50	106	Rieck	Julia	Expeditionsteam
28.	20:58:93	140	Rau	Verena	TSH Team Bergamont / Tri Team Hamburger Hochschulen
29.	21:02:35	147	Buschbeck	Dagmar	Wasserratten I
30.	21:03:75	134	Radtke	Antje	Triathlon Team Buxtehude Damen I
31.	21:05:36	112	Jakubowski	Kristin	Hannover 96
32.	21:17:00	129	Klug-Kredo	Susanne	TriAs Flensburg
33.	21:20:28	115	Engelberg	Mareike	Kaifu-Tri-Team Damen
34.	21:24:18	146	Witte	Kerstin	Wasserratten I
35.	21:24:88	126	Dake	Swantje	Triabolos Multipower activ Team
36.	21:31:75	120	Quellhorst	Anna	Tri-Sport Lübeck
37.	21:44:80	133	Felgentreu	Marion	Triathlon Team Buxtehude Damen I
38.	22:15:47	142	Goldberg	Monika	TSH Team Bergamont / Tri Team Hamburger Hochschulen
39.	22:36:81	136	Timme	Sinika	TriDW Team Lubinus
40.	22:41:82	130	Petersen	Katharina	TriAs Flensburg
41.	23:07:83	105	Müller Using	Susanne	Expeditionsteam
42.	23:37:49	150	Herzog	Pamela	Wasserratten II
43.	23:49:48	151	Hirschner	Diana	Wasserratten II
44.	24:04:43	122	Hallauer	Chiara	Tri-Sport Lübeck
45.	24:23:77	108	Siegmund	Kathi	Expeditionsteam
46.	25:17:00	149	Spingler	Kati	Wasserratten II
	DNF	107	Christian	Anja	Expeditionsteam
	DNS	139	Köck	Kaatje Lisa	TriDW Team Lubinus
		141	Haase	Andrea	TSH Team Bergamont / Tri Team Hamburger Hochschulen

Itzehoe Swim Run Mannschaftswertung

Männer

		Zeit	StNr	Name	Vorname	Verein
1.	1:05:41,15	15:45,24	58	Heller	Hauke	Triabolos MULTIPOWER active Team
		16:34,13	59	Menk	Christopher-Herms	Triabolos MULTIPOWER active Team
		16:39,81	60	Woitha	Christian	Triabolos MULTIPOWER active Team
		16:41,97	57	Schröder	Björn	Triabolos MULTIPOWER active Team
		17:20,57	56	<i>Skazidroga</i>	<i>Robert</i>	<i>Triabolos MULTIPOWER active Team</i>
2.	1:06:13,68	15:10,63	12	Raphael	Jan	Hannover 96 Herren II
		16:05,56	13	Kampkötter	Lukas	Hannover 96 Herren II
		17:13,88	14	Schwarz	Stefan	Hannover 96 Herren II
		17:43,61	11	Brylack	Frank	Hannover 96 Herren II
3.	1:06:37,92	16:24,26	47	Tychsen	Frederik	Tri Michels Hamburg 1
		16:25,70	50	Fiedler	Thilo	Tri Michels Hamburg 1
		16:29,46	46	Uhlrich	Christian	Tri Michels Hamburg 1
		17:18,50	48	Belford	Bruno	Tri Michels Hamburg 1
		17:19,77	49	<i>Houtrouw</i>	<i>Enno</i>	<i>Tri Michels Hamburg 1</i>
4.	1:06:45,64	16:11,95	62	Schuldt	Niels-Asbjörn	TriAs Flensburg
		16:38,92	63	Jörgensen	Birger	TriAs Flensburg
		16:52,27	64	Maaß	Bastian	TriAs Flensburg
		17:02,50	61	Petersen	Tim-Ole	TriAs Flensburg
		18:44,81	65	<i>Benecke</i>	<i>Torben</i>	<i>TriAs Flensburg</i>
5.	1:06:46,59	16:22,45	17	Deneke	Tilman	Kaifu Tri Team
		16:43,02	20	Schmitz	Ralph	Kaifu Tri Team
		16:44,31	19	Herber	Philipp	Kaifu Tri Team
		16:56,81	16	Wessling	Bengt	Kaifu Tri Team
		17:26,44	18	<i>Schuster</i>	<i>Jens</i>	<i>Kaifu Tri Team</i>
6.	1:06:51,01	16:06,57	79	Winkler	Benjamin	USC Kiel
		16:21,97	80	Lorenzen	Tom	USC Kiel
		16:48,57	77	Lange	Moritz	USC Kiel
		17:33,90	76	Adlung	Dominic	USC Kiel
		17:45,61	78	<i>Lückert</i>	<i>Tobias</i>	<i>USC Kiel</i>
7.	1:07:08,79	15:51,24	45	Schmidt	Lars	Team Gelting Radshop Brunner
		16:00,39	43	Helbo	Andreas	Team Gelting Radshop Brunner
		17:10,34	44	Gehb	David	Team Gelting Radshop Brunner
		18:06,82	42	Schönrock	Stephan	Team Gelting Radshop Brunner
		23:21,10	41	<i>Schönrock</i>	<i>Andreas</i>	<i>Team Gelting Radshop Brunner</i>
8.	1:08:21,41	16:31,55	40	Straube	Konrad	Stader SV Team
		16:55,17	39	Tiedemann	Morten	Stader SV Team
		17:21,04	37	Schulz	Dennis	Stader SV Team
		17:33,65	38	Harner	Sebastian	Stader SV Team
		18:01,92	36	<i>Meyer</i>	<i>Timo</i>	<i>Stader SV Team</i>
9.	1:10:56,11	17:24,63	72	Gabalda	Vincent	TSH Team Bergamont
		17:36,18	74	Schulz	Frank	TSH Team Bergamont
		17:46,30	73	Budinger	Tilo	TSH Team Bergamont
		18:09,00	71	Bück	Christian	TSH Team Bergamont
		18:56,55	75	<i>Pietschak</i>	<i>Bernd</i>	<i>TSH Team Bergamont</i>

Itzehoe Swim Run Mannschaftswertung

		17:24,88	52	Werner	Dr. Markus	Tri-Sport Lübeck
		17:50,56	51	Wölfel	Marcel	Tri-Sport Lübeck
		18:37,54	53	Holtz	Nico	Tri-Sport Lübeck
10.	1:12:37,33	18:44,35	55	Borchert	Conrad	Tri-Sport Lübeck
		17:17,93	83	Eggert	Philipp	Wasserratten
		18:15,36	85	Brell	Michael	Wasserratten
		18:19,21	84	Liber	Jörg	Wasserratten
11.	1:12:54,95	19:02,45	81	Poppitz	Steffen	Wasserratten
		20:50,66	82	Reimer	Jörg	Wasserratten
		17:01,91	92	Lorenz	Philipp	Tri Endurance Germany
		17:35,38	91	Koglin	Sven	Tri Endurance Germany
		18:45,41	93	Höche	Pascal	Tri Endurance Germany
12.	1:13:01,59	19:38,89	95	Wachter	Dennis	Tri Endurance Germany
		16:24,49	69	Heinßen	Erk	Triathlon Team Buxtehude Herren I
		18:29,30	67	Hadler	Olaf	Triathlon Team Buxtehude Herren I
		18:53,74	68	Stein	Andreas	Triathlon Team Buxtehude Herren I
13.	1:13:25,72	19:38,19	66	Gerlach	Thomas	Triathlon Team Buxtehude Herren I
		22:39,08	70	Farke	Harald	Triathlon Team Buxtehude Herren I
		17:49,37	87	Wallbaum	Falk	WSV 1921 Wolfenbüttel
		17:54,48	88	Pelz	Guido Miachael	WSV 1921 Wolfenbüttel
		18:05,09	86	Tiedeken	Jens	WSV 1921 Wolfenbüttel
14.	1:13:32,92	19:43,98	89	Alex	Sven	WSV 1921 Wolfenbüttel
		17:21,34	32	Becker	Kai	Ratzeburger SV-Triathlon
		18:21,37	35	Sonnenburg	Tim	Ratzeburger SV-Triathlon
		18:36,64	31	Dolecki	Martin	Ratzeburger SV-Triathlon
15.	1:13:40,18	19:20,83	34	Walther	Andreas	Ratzeburger SV-Triathlon
		17:38,75	1	Meishner	Lukas	TuS Holtenau Kiel H
		18:27,08	5	Schmidt	Thorben	TuS Holtenau Kiel H
		18:55,84	4	Müller	Martin	TuS Holtenau Kiel H
16.	1:14:04,33	19:02,66	2	Rohr	Torsten	TuS Holtenau Kiel H
		19:20,87	3	Rutsatz	Martin	TuS Holtenau Kiel H
		17:19,95	27	Welzel	Felix	Öffentliches Triathlon Team Braunschweig
		18:02,47	29	Schier	Sebastian	Öffentliches Triathlon Team Braunschweig
		19:34,24	28	Wendland	Robert	Öffentliches Triathlon Team Braunschweig
17.	1:14:51,59	19:54,93	30	Zöllner	Jan	Öffentliches Triathlon Team Braunschweig
		18:20,49	24	Weiherr	Alexander	NTSV Strand 08 Triathlon
		18:40,99	25	Ahlgrimm	Jens	NTSV Strand 08 Triathlon
		19:22,97	22	Nörenberg	Michael	NTSV Strand 08 Triathlon
18.	1:16:17,01	19:52,56	21	Peine	Dirk	NTSV Strand 08 Triathlon
		20:19,20	23	Krumbeck	Tobias	NTSV Strand 08 Triathlon
		18:08,26	9	Jeworek	Pascal	Gut Heil Itzehoe II
		18:48,17	8	Sönksen	Henrik	Gut Heil Itzehoe II
		19:51,02	6	Stölting	Tim	Gut Heil Itzehoe II
19.	1:16:47,71	20:00,26	7	Radau	Stefan	Gut Heil Itzehoe II
		20:11,05	10	Steffens	Roger	Gut Heil Itzehoe II

Itzehoe Swim Run Mannschaftswertung

Frauen

		Zeit	StNr	Name	Vorname	Verein
		18:30,98	114	Uhlig	Vanessa	Kaifu-Tri-Team Damen
		18:47,34	113	Trukenmüller	Rebekka	Kaifu-Tri-Team Damen
1.	0:56:59,28	19:40,96	116	Fuchs	Franca	Kaifu-Tri-Team Damen
		21:20,28	115	Engelberg	Mareike	Kaifu-Tri-Team Damen
		17:43,36	117	Rodewald	Vanessa	SG TSV Bokeloh - TSV Neustadt
		19:35,61	119	Ahrbecker	Clara	SG TSV Bokeloh - TSV Neustadt
2.	0:57:11,03	19:52,06	118	Grages	Katharina	SG TSV Bokeloh - TSV Neustadt
		18:16,52	124	Helbig	Léana	Triabolos Multipower activ Team
		19:29,63	127	Hagel	Petra	Triabolos Multipower activ Team
3.	0:57:44,96	19:58,81	125	Fahnenmann	Stephanie	Triabolos Multipower activ Team
		21:24,88	126	Dake	Swantje	Triabolos Multipower activ Team
		19:32,80	109	Küsel	Vera	Hannover 96
		19:45,53	110	Jansen	Kerstin	Hannover 96
4.	0:59:22,28	20:03,95	111	Winkler	Carla	Hannover 96
		21:05,36	112	Jakubowski	Kristin	Hannover 96
		18:49,22	128	Janßen	Elena	TriAs Flensburg
		19:59,93	131	Glöe	Christine	TriAs Flensburg
5.	1:00:06,15	21:17,00	129	Klug-Kredo	Susanne	TriAs Flensburg
		22:41,82	130	Petersen	Katharina	TriAs Flensburg
		19:10,23	145	Trottenberg	Nicole	Wasserratten I
		19:59,93	144	Steffenhagen	Diana	Wasserratten I
6.	1:00:12,51	21:02,35	147	Buschbeck	Dagmar	Wasserratten I
		21:24,18	146	Witte	Kerstin	Wasserratten I
		19:16,90	102	Hartmann	Beeke	TuS Holtenau Kiel D
		20:26,54	104	Schreyer	Simone	TuS Holtenau Kiel D
7.	1:00:20,63	20:37,19	103	Schmidt	Anne	TuS Holtenau Kiel D
		20:39,45	101	Schall	Kira	TuS Holtenau Kiel D
		18:55,43	123	Huckfeldt	Marit	Tri-Sport Lübeck
		20:32,17	121	Roths	Jana	Tri-Sport Lübeck
8.	1:00:59,35	21:31,75	120	Quellhorst	Anna	Tri-Sport Lübeck
		24:04,43	122	Hallauer	Chiara	Tri-Sport Lübeck
		19:37,32	132	Hahn	Tanja	Triathlon Team Buxtehude Damen I
		20:20,71	135	Zielke	Uta	Triathlon Team Buxtehude Damen I
9.	1:01:01,78	21:03,75	134	Radtke	Antje	Triathlon Team Buxtehude Damen I
		21:44,80	133	Felgentreu	Marion	Triathlon Team Buxtehude Damen I
		20:09,29	143	Freckmann	Kathrin	TSH Team Bergamont / Tri Team Hamburger Hochschulen
		20:58,93	140	Rau	Verena	TSH Team Bergamont / Tri Team Hamburger Hochschulen
10.	1:03:23,69	22:15,47	142	Goldberg	Monika	TSH Team Bergamont / Tri Team Hamburger Hochschulen
		20:14,98	138	Zenthöfer	Marion	TriDW Team Lubinus
		20:44,57	137	Wrobel	Bente	TriDW Team Lubinus
11.	1:03:36,36	22:36,81	136	Timme	Sinika	TriDW Team Lubinus

Itzehoe Swim Run Mannschaftswertung

13.	1:08:24,10	20:52,50	106	Rieck	Julia	Expeditionsteam
		23:07,83	105	Müller Using	Susanne	Expeditionsteam
		24:23,77	108	Siegmund	Kathi	Expeditionsteam
14.	1:12:43,97	23:37,49	150	Herzog	Pamela	Wasserratten II
		23:49,48	151	Hirschner	Diana	Wasserratten II
		25:17,00	149	Spingler	Kati	Wasserratten II