



21. swb-Silbersee-Triathlon

27. Juli 2014



Ergebnis

Regionalliga-Nord Damen (1,5 / 40 / 10)

Regionalliga-Nord Damen

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
1	105	02:10:50	Konczalla	Leonie	1991	Kaifu-Tri-Team Damen II		00:24:39 (00:01:46)	15 5)	01:04:42 (00:00:42)	1 3)	01:29:22	2	00:41:28	3	02:10:50	1
2	113	02:12:43	Lange	Bettina	1969	Team TSV Bargteheide Tri I		00:19:40 (00:01:47)	1 6)	01:09:00 (00:00:52)	4 17)	01:28:40	1	00:44:02	6	02:12:43	2
3	129	02:13:07	Litzenberg	Anne-Kathrin	1991	TriElfen Schwerin		00:26:00 (00:02:02)	19 19)	01:09:31 (00:00:55)	5 21)	01:35:32	9	00:37:35	1	02:13:07	3
4	106	02:15:28	Neudörffer	Cordula	1971	Kaifu-Tri-Team Damen II		00:24:34 (00:01:53)	14 10)	01:09:36 (00:00:55)	6 22)	01:34:10	6	00:41:17	2	02:15:28	4
5	131	02:18:37	Wittwer	Anja	1985	TriElfen Schwerin		00:24:57 (00:01:56)	17 14)	01:09:45 (00:00:52)	8 18)	01:34:42	7	00:43:54	5	02:18:37	5
6	111	02:18:47	Weber	Nina	1980	Lehrter SV		00:21:38 (00:01:57)	2 16)	01:12:04 (00:00:58)	14 24)	01:33:42	5	00:45:04	8	02:18:47	6
7	119	02:20:00	Schmidt	Katharina	1980	Triabolos Hamburg Damen		00:24:12 (00:01:54)	13 11)	01:13:02 (00:00:43)	17 4)	01:37:15	14	00:42:45	4	02:20:00	7
8	118	02:20:31	Meyer	Juliane	1980	Triabolos Hamburg Damen		00:27:23 (00:01:42)	26 4)	01:08:42 (00:00:47)	3 9)	01:36:05	11	00:44:25	7	02:20:31	8
9	130	02:21:07	Willhöft	Andrea	1972	TriElfen Schwerin		00:24:07 (00:01:42)	12 3)	01:07:38 (00:00:49)	2 12)	01:31:46	3	00:49:20	18	02:21:07	9

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Regionalliga-Nord Damen

(1,5 / 40 / 10)

Regionalliga-Nord Damen

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
10	124	02:21:34	Hahn	Tanja	1967	Triathlon Team Buxtehude Damen 1		00:21:55	4	01:11:33	13	01:33:28	4	00:48:05	16	02:21:34	10
								(00:02:04	21)	(00:00:47	10)						
11	110	02:23:15	Weber	Dagmar	1991	Lehrter SV		00:21:50	3	01:13:02	16	01:34:52	8	00:48:22	17	02:23:15	11
								(00:01:41	2)	(00:00:50	14)						
12	126	02:24:03	Noack	Josephine	1995	Triathlon Team Buxtehude Damen 1		00:22:14	6	01:16:16	25	01:38:30	19	00:45:32	9	02:24:03	12
								(00:01:57	17)	(00:00:44	5)						
13	102	02:24:18	Praeger	Antje	1967	1.TCO "Die Bärinnen"		00:23:51	9	01:12:49	15	01:36:40	13	00:47:38	13	02:24:18	13
								(00:02:14	22)	(00:00:57	23)						
14	127	02:24:57	Zielke	Uta	1971	Triathlon Team Buxtehude Damen 1		00:26:45	21	01:10:30	10	01:37:15	15	00:47:41	14	02:24:57	14
								(00:01:50	8)	(00:00:45	6)						
15	109	02:25:13	Nieschlag	Nele	1994	Lehrter SV		00:22:13	5	01:15:12	20	01:37:25	16	00:47:48	15	02:25:13	15
								(00:01:40	1)	(00:00:37	1)						
16	100	02:25:20	Brack	Lisa	1983	1.TCO "Die Bärinnen"		00:23:26	7	01:15:17	21	01:38:44	21	00:46:36	10	02:25:20	16
								(00:02:17	24)	(00:00:54	20)						
17	104	02:25:52	Arnold	Zuni	1977	Kaifu-Tri-Team Damen II		00:26:52	23	01:09:38	7	01:36:31	12	00:49:21	19	02:25:52	17
								(00:02:20	26)	(00:01:10	27)						
18	116	02:26:28	Dake	Swantje	1978	Triabolos Hamburg Damen		00:24:43	16	01:10:56	11	01:35:39	10	00:50:48	23	02:26:28	18
								(00:02:02	20)	(00:00:48	11)						
19	117	02:27:00	Gabriel	Britta	1983	Triabolos Hamburg Damen		00:24:02	11	01:13:32	19	01:37:35	17	00:49:24	20	02:27:00	19
								(00:02:15	23)	(00:00:52	16)						
20	123	02:28:01	Vetter	Teresa	1989	Triathlon Team Braunschweig		00:27:21	25	01:13:06	18	01:40:28	23	00:47:33	12	02:28:01	20
								(00:01:56	13)	(00:00:45	7)						
21	128	02:29:21	Koch	Jessica	1988	TriElfen Schwerin		00:26:27	20	01:15:56	24	01:42:24	25	00:46:57	11	02:29:21	21
								(00:02:19	25)	(00:01:03	26)						
22	120	02:29:27	Göpfert	Melanie	1981	Triathlon Team Braunschweig		00:26:49	22	01:11:24	12	01:38:13	18	00:51:13	24	02:29:27	22
								(00:01:51	9)	(00:00:40	2)						

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Regionalliga-Nord Damen

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Regionalliga-Nord Damen

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
23	103	02:31:32	Stoll	Vessels	1975	1.TCO "Die Bärinnen"		00:25:31	18	01:15:17	22	01:40:49	24	00:50:43	22	02:31:32	23
								(00:01:48	7)	(00:00:52	19)						
24	121	02:31:52	Köthke	Theresia	1987	Triathlon Team Braunschweig		00:28:42	28	01:09:49	9	01:38:31	20	00:53:20	25	02:31:52	24
								(00:01:57	18)	(00:00:46	8)						
25	101	02:35:59	Leistihaw	Rosana	1990	1.TCO "Die Bärinnen"		00:27:06	24	01:18:17	27	01:45:23	28	00:50:36	21	02:35:59	25
								(00:01:56	15)	(00:00:58	25)						
26	108	02:41:01	Kopetzki	Christina	1978	Lehrter SV		00:28:17	27	01:15:51	23	01:44:08	26	00:56:52	26	02:41:01	26
								(00:02:27	27)	(00:00:51	15)						
27	112	02:42:10	Tack	Andrea	1966	Team TSV Bargteheide Tri I		00:23:46	8	01:20:56	28	01:44:42	27	00:57:27	27	02:42:10	27
								(00:02:35	28)	(00:01:10	28)						
28	115	02:45:38	Schott	Lena	1994	Team TSV Bargteheide Tri I		00:23:55	10	01:16:28	26	01:40:23	22	01:05:15	28	02:45:38	28
								(00:01:55	12)	(00:00:50	13)						

Einträge in der Liste: 28

Regionalliga-Nord Damen

1.	TriElfen Schwerin	17
2.	Kaifu-Tri-Team Damen II	22
3.	Lehrter SV	32
4.	Triabolos Hamburg Damen	33
5.	Triathlon Team Buxtehude Damen	36
6.	1.TCO "Die Bärinnen"	52
7.	Team TSV Bargteheide Tri I	57
8.	Triathlon Team Braunschweig	66



21. swb-Silbersee-Triathlon

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Regionalliga-Nord Herren (1,5 / 40 / 10)

Regionalliga-Nord Herren

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
1	82	01:53:04	Wienbreier	Daniel	1979	VfL Wolfsburg		00:20:05 (00:01:32)	11 7)	00:59:15 (00:00:43)	7 42)	01:19:20	4	00:33:43	2	01:53:04	1
2	64	01:55:39	Nitscke	Christian	1985	TriTeam triZack Rostock		00:21:25 (00:01:36)	27 19)	00:57:57 (00:00:46)	4 57)	01:19:22	5	00:36:16	6	01:55:39	2
3	12	01:56:08	Haupt	Christian	1980	Hannover 96 II		00:21:47 (00:01:35)	33 15)	00:57:21 (00:00:39)	2 20)	01:19:08	2	00:36:59	11	01:56:08	3
4	2	01:56:13	Hörper	Christian	1987	1. TCO "Die Bären"		00:20:22 (00:01:27)	16 3)	01:00:42 (00:00:45)	12 52)	01:21:04	10	00:35:08	3	01:56:13	4
5	62	01:56:19	Schröter	Max	1993	Triathlon Team Buxtehude		00:21:48 (00:01:29)	34 4)	01:01:04 (00:00:39)	13 18)	01:22:52	19	00:33:27	1	01:56:19	5
6	80	01:56:35	Hübenthal	Eike	1983	VfL Wolfsburg		00:22:21 (00:01:29)	50 5)	00:59:03 (00:00:31)	5 1)	01:21:24	11	00:35:10	4	01:56:35	6
7	37	01:56:48	de Lannoy	Jean-Pierre	1989	Tri Endurance Germany I		00:20:04 (00:01:31)	9 6)	00:59:47 (00:00:32)	9 3)	01:19:51	7	00:36:56	10	01:56:48	7
8	16	01:57:31	Mock	Philipp	1988	Hannover 96 II		00:22:02 (00:01:34)	44 12)	00:57:05 (00:00:38)	1 15)	01:19:08	1	00:38:23	21	01:57:31	8
9	73	01:58:35	Jörgensen	Birger	1982	USC Kiel		00:20:00 (00:01:33)	6 10)	00:59:33 (00:00:32)	8 2)	01:19:34	6	00:39:01	27	01:58:35	9

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10	77	01:59:28	Winkler	Benjamin	1984	USC Kiel		00:20:08 (00:01:35 16)	13	00:59:54 (00:00:35 7)	10	01:20:02	8	00:39:25	32	01:59:28	10
11	3	01:59:30	Niederberger	Carsten	1979	1. TCO "Die Bären"		00:18:53 (00:01:51 63)	3	01:02:05 (00:00:46 58)	22	01:20:58	9	00:38:31	22	01:59:30	11
12	36	01:59:40	van Stevendaal	Udo	1968	Team TSV Bargteheide Tri I		00:23:40 (00:01:41 38)	60	00:59:04 (00:00:43 41)	6	01:22:45	18	00:36:55	9	01:59:40	12
13	85	01:59:44	Bartels	Ulf	1972	WSV 21 Wolfenbüttel		00:20:07 (00:01:36 17)	12	01:02:15 (00:00:39 21)	24	01:22:23	14	00:37:21	14	01:59:44	13
14	50	02:00:08	Günther	Fabian	1994	Triabolos Triathlon Hamburg e.V. Herren		00:21:22 (00:01:35 14)	26	01:01:30 (00:00:37 12)	17	01:22:52	20	00:37:15	12	02:00:08	14
15	34	02:00:12	Stahnke	Johann	1992	Team TSV Bargteheide Tri I		00:20:04 (00:01:36 18)	7	01:03:54 (00:00:43 45)	37	01:23:58	25	00:36:14	5	02:00:12	15
16	78	02:00:36	Appel	Mirko	1976	VfL Wolfsburg		00:20:05 (00:01:33 8)	10	01:02:38 (00:00:44 48)	26	01:22:43	17	00:37:52	16	02:00:36	16
17	84	02:00:41	Barkschat	Tobias	1991	WSV 21 Wolfenbüttel		00:21:40 (00:01:43 43)	31	00:57:32 (00:00:41 33)	3	01:19:12	3	00:41:28	47	02:00:41	17
18	51	02:00:58	Schuler	Martin	1979	Triabolos Triathlon Hamburg e.V. Herren		00:20:19 (00:01:47 56)	15	01:01:12 (00:00:41 31)	15	01:21:32	12	00:39:26	33	02:00:58	18
19	14	02:01:05	Kehl	Steve	1981	Hannover 96 II		00:23:09 (00:01:34 11)	56	01:00:21 (00:00:39 23)	11	01:23:31	23	00:37:34	15	02:01:05	19
20	81	02:01:34	Kaminsky	Carlo	1985	VfL Wolfsburg		00:18:29 (00:01:44 50)	2	01:04:27 (00:00:37 11)	44	01:22:56	21	00:38:38	23	02:01:34	20
21	54	02:01:56	Klindworth	Jan-Hinrich	1988	Triathlon Team Braunschweig		00:21:20 (00:01:23 2)	24	01:01:21 (00:00:34 5)	16	01:22:41	16	00:39:15	29	02:01:56	21
22	40	02:02:02	Nimczewski	Nils	1985	Tri Endurance Germany I		00:21:40 (00:01:45 52)	30	01:01:31 (00:00:52 70)	18	01:23:12	22	00:38:50	25	02:02:02	22

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
23	9	02:02:03	Grabbe	Cordt	1978	ESV Eintracht Hameln 1		00:21:50 (00:02:00 70)	35	01:02:09 (00:00:46 55)	23	01:23:59 (00:00:46 55)	26	00:38:03	17	02:02:03	23
24	66	02:02:12	Weu	Dennis	1991	TriTeam triZack Rostock		00:18:54 (00:01:40 31)	4	01:05:59 (00:00:39 22)	54	01:24:53 (00:00:39 22)	31	00:37:18	13	02:02:12	24
25	8	02:03:12	Ender	Björn	1985	ESV Eintracht Hameln 1		00:21:21 (00:01:49 61)	25	01:03:41 (00:00:40 25)	36	01:25:03 (00:00:40 25)	34	00:38:08	18	02:03:12	25
26	60	02:03:19	Horst	Lukas	1992	Triathlon Team Buxtehude		00:20:32 (00:01:40 33)	17	01:01:45 (00:00:42 39)	21	01:22:18 (00:00:42 39)	13	00:41:00	45	02:03:19	26
27	7	02:03:41	Anderson	Scott	1996	ESV Eintracht Hameln 1		00:21:16 (00:01:42 41)	22	01:04:02 (00:00:33 4)	40	01:25:19 (00:00:33 4)	38	00:38:22	20	02:03:41	27
28	61	02:03:56	Richters	Dirk	1989	Triathlon Team Buxtehude		00:21:55 (00:01:52 66)	37	01:03:10 (00:00:45 50)	33	01:25:05 (00:00:45 50)	36	00:38:51	26	02:03:56	28
29	22	02:04:06	Lawendel	Mario	1983	LC Hansa Stuhr Tri-Wölfe		00:22:02 (00:01:37 21)	43	01:02:52 (00:00:38 13)	29	01:24:54 (00:00:38 13)	32	00:39:11	28	02:04:06	29
30	74	02:04:15	Kratzenstein	Stefan	1980	USC Kiel		00:21:20 (00:01:41 36)	23	01:02:21 (00:00:39 17)	25	01:23:41 (00:00:39 17)	24	00:40:33	41	02:04:15	30
31	19	02:04:28	Nothbaar	Jan Hendrik	1991	LAV Husum		00:21:08 (00:01:36 20)	21	01:03:09 (00:00:40 24)	32	01:24:17 (00:00:40 24)	27	00:40:11	38	02:04:28	31
32	11	02:05:18	Schwarz	Stefan	1979	ESV Eintracht Hameln 1		00:21:51 (00:01:39 29)	36	01:03:12 (00:00:41 32)	34	01:25:04 (00:00:41 32)	35	00:40:14	39	02:05:18	32
33	5	02:05:19	Schnetger	Patrick	1987	1. TCO "Die Bären"		00:22:05 (00:01:38 22)	47	01:02:43 (00:00:41 34)	27	01:24:48 (00:00:41 34)	30	00:40:30	40	02:05:19	33
34	41	02:05:49	Simon	Frieder	1995	Tri Endurance Germany I		00:21:40 (00:01:43 45)	29	01:04:26 (00:00:42 36)	43	01:26:06 (00:00:42 36)	42	00:39:42	36	02:05:49	34
35	39	02:06:26	Gayer	Nils	1985	Tri Endurance Germany I		00:26:51 (00:01:44 49)	74	01:02:51 (00:00:44 47)	28	01:29:42 (00:00:44 47)	56	00:36:43	8	02:06:26	35
36	55	02:06:37	Marquardt	Matthias	1988	Triathlon Team Braunschweig		00:23:04 (00:01:22 1)	55	01:01:43 (00:00:35 9)	20	01:24:47 (00:00:35 9)	29	00:41:49	50	02:06:37	36

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37	75	02:07:06	Lange	Moritz	1989	USC Kiel		00:20:15 (00:01:52 65)	14	01:06:43 (00:00:38 16)	55	01:26:59	49	00:40:07	37	02:07:06	37
38	15	02:07:10	Lange	Ulf	1980	Hannover 96 II		00:21:59 (00:01:46 55)	41	01:02:59 (00:00:41 29)	31	01:24:59	33	00:42:11	53	02:07:10	38
39	43	02:07:45	Kunze	Christian	1985	Tri Team Hamburg e.V.		00:17:51 (00:01:40 32)	1	01:04:32 (00:00:44 46)	45	01:22:24	15	00:45:21	73	02:07:45	39
40	27	02:07:46	Elfers	Julian	1994	Stader SV Team		00:21:00 (00:01:40 30)	18	01:05:47 (00:00:42 40)	53	01:26:48	47	00:40:58	44	02:07:46	40
41	71	02:07:48	Wüstefeld	Tim	1993	TSV Germania Helmstedt		00:23:32 (00:01:39 27)	59	01:01:05 (00:00:41 35)	14	01:24:38	28	00:43:10	64	02:07:48	41
42	18	02:07:52	Hansen	Jannek	1989	LAV Husum		00:23:21 (00:01:38 24)	57	01:05:11 (00:00:41 30)	50	01:28:33	52	00:39:19	30	02:07:52	42
43	65	02:07:58	Stader	Moritz	1993	TriTeam triZAck Rostock		00:19:33 (00:01:43 46)	5	01:05:37 (00:00:43 43)	52	01:25:11	37	00:42:46	59	02:07:58	43
44	87	02:08:12	Pelz	Guido	1969	WSV 21 Wolfenbüttel		00:22:06 (00:01:39 26)	49	01:04:23 (00:00:51 67)	41	01:26:29	45	00:41:42	49	02:08:12	44
45	48	02:08:29	Diller	Johannes	1989	Triabolos Triathlon Hamburg e.V. Herren		00:21:05 (00:01:49 60)	20	01:05:34 (00:00:48 60)	51	01:26:39	46	00:41:49	51	02:08:29	45
46	42	02:08:35	Dicke	Benjamin	1983	Tri Team Hamburg e.V.		00:25:17 (00:01:34 13)	70	01:01:39 (00:00:40 27)	19	01:26:56	48	00:41:39	48	02:08:35	46
47	52	02:08:49	Peppel	Andreas	1978	Triabolos Triathlon Hamburg e.V. Herren		00:22:06 (00:01:52 64)	48	01:04:02 (00:00:57 74)	39	01:26:08	43	00:42:40	58	02:08:49	47
48	79	02:08:53	Becker	Stefan	1994	VfL Wolfsburg		00:22:03 (00:01:38 23)	45	01:07:09 (00:00:45 51)	59	01:29:12	54	00:39:40	35	02:08:53	48
49	86	02:08:58	Diekmann	Lars	1986	WSV 21 Wolfenbüttel		00:21:45 (00:01:38 25)	32	01:04:41 (00:00:47 59)	47	01:26:27	44	00:42:31	56	02:08:58	49

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
50	67	02:08:59	Berndt	Julian	1995	TriTeam triZack Rostock		00:22:01 (00:01:48 57)	42	01:03:56 (00:01:02 77)	38	01:25:57	40	00:43:01	61	02:08:59	50
51	23	02:10:12	Nasko	Lennart	1995	LC Hansa Stuhr Tri-Wölfe		00:21:04 (00:01:46 53)	19	01:04:56 (00:00:53 72)	48	01:26:01	41	00:44:11	65	02:10:12	51
52	46	02:10:13	Stütznickel	Julian	1993	Tri Team Hamburg e.V.		00:21:56 (00:01:54 68)	39	01:08:51 (00:00:50 65)	70	01:30:47	59	00:39:26	34	02:10:13	52
53	56	02:10:21	Sebastian	Schier	1984	Triathlon Team Braunschweig		00:21:31 (00:01:45 51)	28	01:04:24 (00:00:45 53)	42	01:25:55	39	00:44:26	69	02:10:21	53
54	72	02:10:48	Wüstefeld	Jonas	1996	TSV Germania Helmstedt		00:26:47 (00:01:43 44)	73	01:04:38 (00:00:45 49)	46	01:31:25	62	00:39:22	31	02:10:48	54
55	83	02:10:59	Alex	Sven	1991	WSV 21 Wolfenbüttel		00:22:39 (00:02:09 78)	52	01:07:34 (00:00:50 66)	64	01:30:13	58	00:40:46	43	02:10:59	55
56	63	02:11:21	Binger	Martin	1990	TriTeam triZack Rostock		00:20:04 (00:01:51 62)	8	01:06:54 (00:00:34 6)	56	01:26:59	50	00:44:22	67	02:11:21	56
57	26	02:11:54	Sebrantke	Oliver	1976	LC Hansa Stuhr Tri-Wölfe		00:28:29 (00:02:00 72)	79	01:07:01 (00:00:36 10)	57	01:35:31	75	00:36:23	7	02:11:54	57
58	53	02:12:19	Giesen	Tibor	1983	Triathlon Team Braunschweig		00:24:26 (00:01:41 37)	63	01:02:58 (00:00:35 8)	30	01:27:24	51	00:44:55	71	02:12:19	58
59	58	02:12:54	Hadler	Olaf	1969	Triathlon Team Buxtehude		00:25:17 (00:02:04 76)	69	01:08:53 (00:01:13 80)	71	01:34:11	70	00:38:43	24	02:12:54	59
60	30	02:13:09	Straube	Konrad	1984	Stader SV Team		00:22:43	53		0		0		0	02:13:09	60
61	25	02:13:22	Schwarzer	Kay	1979	LC Hansa Stuhr Tri-Wölfe		00:23:41 (00:01:33 9)	61	01:05:03 (00:00:55 73)	49	01:28:44	53	00:44:37	70	02:13:22	61
62	76	02:13:36	Wilker	Sebastian	1984	USC Kiel		00:22:03 (00:01:39 28)	46	01:07:11 (00:00:38 14)	61	01:29:14	55	00:44:21	66	02:13:36	62
63	70	02:13:42	Huth	Kai Uwe	1964	TSV Germania Helmstedt		00:24:27 (00:02:01 74)	64	01:10:54 (00:00:51 69)	77	01:35:22	74	00:38:20	19	02:13:42	63

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Ergebnis

Regionalliga-Nord Herren

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Regionalliga-Nord Herren

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
64	59	02:14:11	Heise	Johannes	1995	Triathlon Team Buxtehude		00:24:32 (00:01:58)	65 69)	01:07:10 (00:00:42)	60 38)	01:31:43 (00:00:42)	63	00:42:28	55	02:14:11	64
65	44	02:14:15	Link	Erik	1996	Tri Team Hamburg e.V.		00:21:55 (00:01:49)	38 58)	01:07:54 (00:00:40)	67 28)	01:29:50 (00:00:40)	57	00:44:25	68	02:14:15	65
66	17	02:14:53	Bolz	Philipp	1996	LAV Husum		00:22:25 (00:01:41)	51 35)	01:09:24 (00:00:48)	75 61)	01:31:49 (00:00:48)	65	00:43:03	62	02:14:53	66
67	28	02:15:05	Elfers	Jonas	1995	Stader SV Team		00:23:24 (00:01:42)	58 42)	01:09:14 (00:00:42)	74 37)	01:32:38 (00:00:42)	67	00:42:26	54	02:15:05	67
68	20	02:15:16	Oestergaard	Jesko	1974	LAV Husum		00:26:35 (00:01:46)	72 54)	01:07:56 (00:00:43)	68 44)	01:34:32 (00:00:43)	72	00:40:44	42	02:15:16	68
69	68	02:15:52	Barbarito	Carlo	1976	TSV Germania Helmstedt		00:25:14 (00:02:03)	68 75)	01:07:30 (00:00:48)	63 63)	01:32:44 (00:00:48)	68	00:43:08	63	02:15:52	69
70	4	02:16:20	Schneider	Mirko	1989	1. TCO "Die Bären"		00:22:59 (00:01:41)	54 39)	01:08:14 (00:00:46)	69 54)	01:31:14 (00:00:46)	61	00:45:05	72	02:16:20	70
71	69	02:17:10	Bernhart	Jens	1991	TSV Germania Helmstedt		00:25:21 (00:01:40)	71 34)	01:09:38 (00:00:40)	76 26)	01:35:00 (00:00:40)	73	00:42:10	52	02:17:10	71
72	49	02:17:11	Döbler	Sascha	1982	Triabolos Triathlon Hamburg e.V. Herren		00:28:33 (00:01:53)	80 67)	01:07:26 (00:00:51)	62 68)	01:36:00 (00:00:51)	76	00:41:10	46	02:17:11	72
73	13	02:17:21	Mangelsdorf	Hannes	1975	Hannover 96 II		00:26:51 (00:01:41)	75 40)	01:07:38 (00:00:46)	65 56)	01:34:29 (00:00:46)	71	00:42:51	60	02:17:21	73
74	45	02:18:28	Schäfer	Sergej	1989	Tri Team Hamburg e.V.		00:21:56 (00:01:43)	40 48)	01:09:14 (00:01:13)	73 79)	01:31:11 (00:01:13)	60	00:47:16	75	02:18:28	74
75	57	02:19:05	Henke	Hauke	1983	Triathlon Team Braunschweig		00:29:23 (00:01:49)	81 59)	01:07:06 (00:00:39)	58 19)	01:36:30 (00:00:39)	78	00:42:35	57	02:19:05	75
76	29	02:19:45	Krüger	Dirk	1969	Stader SV Team		00:24:35 (00:02:10)	66 79)	01:09:03 (00:00:50)	72 64)	01:33:38 (00:00:50)	69	00:46:06	74	02:19:45	76

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Ergebnis

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
77	38	02:20:25	Friese	Hauke	1985	Tri Endurance Germany I		00:28:19	78	01:03:25	35	01:31:45	64	00:48:40	76	02:20:25	77
								(00:02:09	77)	(00:00:58	75)						
78	33	02:32:05	Leiedecker	Thomas	1963	Team TSV Bargteheide Tri I		00:27:45	77	01:13:52	80	01:41:38	80	00:50:27	77	02:32:05	78
								(00:02:01	73)	(00:01:11	78)						
79	32	02:33:11	Sanitz	Tilmann	1965	Team TSV Bargteheide Tri I		00:25:10	67	01:11:12	78	01:36:22	77	00:56:48	79	02:33:11	79
								(00:02:00	71)	(00:00:48	62)						
80	35	02:34:50	Stüfen	Sönke	1965	Team TSV Bargteheide Tri I		00:27:11	76	01:12:01	79	01:39:12	79	00:55:37	78	02:34:50	80
								(00:02:31	80)	(00:01:01	76)						

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